



2025 Rider Guide

Amy's Great Ocean Road Gran Fondo

O2EVENTS



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COAST
EVENTS**



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CYCLING SINCE 1975

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WELCOME MESSAGE VICTORIAN GOVERNMENT



On behalf of the Victorian Government, I'm delighted to welcome you to Amy's Great Ocean Road Gran Fondo and the UCI Gran Fondo World Championships hosted for the first time along the iconic Great Ocean Road.

This is a landmark occasion for riders from around the world, who will take on a world-class course set in one of Australia's most spectacular regions.

The event will also deliver a valuable economic boost to the Surf Coast and surrounding areas, drawing thousands of visitors and placing an international spotlight on our local businesses, tourism operators, and communities.

Whether you're here to compete or cheer from the sidelines, we encourage you to make the most of your time in this extraordinary part of Victoria, from its famous beaches and lush rainforests to its vibrant hospitality and rich local culture.

To every rider, I wish you the very best on the road ahead.

May your time in Victoria be memorable and your ride smooth and rewarding.



The Hon. Steve Dimopoulos
Minister for Tourism, Sport and Major Events
Minister for Environment
Minister for Outdoor Recreation





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WELCOME MESSAGE AMY'S FOUNDATION



This event is more than a cycling challenge. It is a powerful tribute to Amy Gillett's life, and a shared commitment to creating safer roads for every cyclist. Amy's death on 18 July 2005 was unnecessary and devastating, and 20 years on, her memory drives everything we do.

Amy's Gran Fondo in 2025 runs alongside the UCI Gran Fondo World Championships. Riders participating in the Gran Fondo, Medio Fondo and Family ride will experience the rare privilege of riding a world-class course. You'll share the road with future age-group world champions, tackling the same climbs, descents, and coastal scenery that define international competition.

At Amy's Foundation, we believe cycling should be safe, accessible to all, and celebrated. Our mission is to ensure no one else experiences the loss that Amy's family, friends, and teammates endured.

With your support, we are:

- *Advocating for stronger enforcement of Minimum Passing Distance laws.*
- *Working with police and governments to make reporting of close passes easier and more effective.*
- *Partnering with researchers, industry, and innovators to explore how technology, from vehicle safety systems to AI, can prevent collisions.*
- *Promoting better infrastructure that separates cyclists from traffic where possible.*
- *Encouraging respect, responsibility, and understanding between all road users.*

Amy's Gran Fondo is also a moment of reflection. Together we honour Amy's legacy, and the legacies of every cyclist whose life has been cut short on our roads. But it is also a celebration of community, resilience, and progress.

Every kilometre you ride strengthens our collective voice, every entry fuels our advocacy, and every rider here helps push for safer roads across Australia.

The 20th anniversary of Amy's passing reminds us how far we have come, and how much more we need to achieve. With your involvement, we are closer to a future where every cyclist makes it home safely.

Thank you for riding, for remembering Amy, and for supporting this mission.



Katherine Bates
Managing Director
Amy's Foundation





AMY'S
FOUNDATION
SAFE TOGETHER

**TOGETHER,
WE RIDE FOR
SAFER ROADS.**



GET INVOLVED!



2025 RIDER GUIDE



WELCOME MESSAGE SURF COAST SHIRE MAYOR



Welcome to the Surf Coast for a very special edition of Amy's Great Ocean Road Gran Fondo.

This year's event will be especially memorable, as it runs alongside the 2025 UCI Gran Fondo World Championships.

I'm thrilled that recreational riders like you and me will be tackling the truly unforgettable course on the same day as the world's best.

Amy's Great Ocean Road Gran Fondo is one of our most respected, long-standing events on the Surf Coast Events calendar. It's no wonder cyclists flock to it each year, being the only opportunity to ride a fully closed Great Ocean Road.

Most importantly, it helps spread an important road safety message.

As a Council, we want to improve pedestrian and cyclist infrastructure and safety and ensure that vulnerable road users are supported by the road system, not threatened by it.

Our Council's goals align with the Amy's Foundation mission, to improve the relationship between motorists and cyclists, and cyclists and pedestrians.

Road cycling events in our shire consistently attract more participants than any other region in Victoria. The next few days will be no exception as thousands of people – riders, spectators and support crews – descend on Lorne.

I'm sure there will be an unbeatable buzz at this year's Amy's Great Ocean Road Gran Fondo.

From the start line excitement to the stunning scenery and post-ride chats, enjoy soaking it all up.

We'd love to welcome you back to the Surf Coast at any time of the year. Check out surfcoastevents.com.au to plan your next adventure.



Cr Mike Bodsworth
Mayor
Surf Coast Shire





What's on?

Keen to know what events and markets are happening on the spectacular Surf Coast?

Head to surfcoastevents.com.au

Sign up for the newsletter and follow: [!\[\]\(0f848bbd71cef6b345273b16f905912a_img.jpg\)](#) [!\[\]\(d873c0073cfd3b74a7c9b5ca09bad0c7_img.jpg\)](#)



Apollo Bay: Where Nature Tastes Better...

Where Nature tastes better:

Golden beaches, lush hills,
and laid-back vibes -

Apollo Bay is the heart of the
Great Ocean Road.

Your perfect base for rainforest hikes,
ocean swims, and gourmet delights.

Plan your escape at visitapollobay.com



Stay, Play, Taste the Bay:

Fresh lobster, craft gin,
famous pies and creamy ice cream.

Apollo Bay dishes up flavour
with a view.

From local bites to
stunning sights,
it's a feast for all the senses.

#visitapollobay





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EVENT WEEKEND PROGRAM



Wednesday October 15th - Lorne

12pm - 5pm	Event Village Open	Lorne Foreshore
4:30pm - 5pm	Official Welcome Event	Lorne Foreshore

Thursday October 16th - Lorne

10am - 5pm	Event Village Open	Lorne Foreshore
9:30am - 4pm	Individual Time Trial - UCI Gran Fondo World Championships	Eastern View circuit
4pm	Time Trial Presentations	Lorne Foreshore

Friday October 17th - Geelong

4pm - 9pm	Geelong SpinOff Festival Includes Entertainment, Bar, Live Music & Food	Geelong Waterfront
4pm - 4:30pm	Hendry's SpinOff Family Ride (Free Event) A free family friendly ride, held on the World Championship Relay Course	Eastern Gardens
6pm - 6:40pm	Team Relay Racing - UCI Gran Fondo World Championships	Eastern Gardens
6:45pm - 7:15pm	Team Relay Presentations	Eastern Gardens

Saturday October 18th - Lorne

10am - 4pm	Amy's Gran Fondo Rider Registration Timing Sticker Collection from the Event Village Registration Tent. Please ensure you have completed your online Safety Briefing prior to collecting your kit.	Lorne Foreshore
10am - 5pm	Event Village Open	Lorne Foreshore
12:30pm - 2pm	Lorne Stage Panel discussion & Interviews hosted by Matt Keenan MC	Lorne Foreshore
2pm	Memorial Ceremony Join Amy's Foundation as they remember all lives that have been lost through cycling crashes.	Lorne Beach, behind Mantra



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EVENT WEEKEND PROGRAM



Sunday October 19th – Lorne & Apollo Bay		
From 5:30am	Amy's Gran Fondo Rider Registration Timing Sticker Collection from the Registration Tent at the Event Village. ETicket & Safety Briefing Completion Required (No Safety Briefing required for Family Fondo participants)	Lorne Foreshore
6am – 5pm	Event Village Open	Lorne Foreshore
7:15am	Road Race – UCI Gran Fondo World Championships Start	Mountjoy Pde, Lorne
8am	Lorne to Apollo Bay Bus Transfer Departs All Medio Fondo riders who have pre-purchased transport options, will be departing from the roadside opposite the Lorne Hotel. If bringing a bike please arrive no later than 7:30am.	Opposite Lorne Hotel
9am	Amy's Gran Fondo 122km Rec Ride Start Recreational category riders please enjoy the ride and prepare well, utilising Aid Stations along the course.	Mountjoy Pde, Lorne
9:20am – 10:10am	Amy's Family Fondo Start (Free Event) This family friendly course sees riders enjoy a 3km circuit of the Great Ocean Road.	Mountjoy Pde, Lorne
12pm	Amy's Medio Fondo 45km Start Medio Fondo riders will ride from Apollo Bay to Lorne travelling the entire distance on the Great Ocean Road.	Hardy St, Apollo Bay
From 12pm	UCI Gran Fondo World Championship Presentations	Lorne Foreshore





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SAFETY BRIEFING & RIDER NUMBERS



SAFETY BRIEFINGS

Amy's Gran Fondo is the safest event on the Australian cycling calendar and we are proud of the procedures that are in place to enable us to maintain our safety record.

All riders (excluding Family Fondo) must complete an online safety briefing prior to event day. Riders will receive an email from **Sentry Portal** – please keep an eye out for this in your emails. The Family Fondo safety briefing will be conducted at its start line.

Please note that your Timing Chip will not be activated until you have completed the safety briefing. If you have opted to collect your kit from the event village, please bring along a digital or printed copy of your completion certificate.

Please contact us via info@o2events.com.au if you have not received your rider safety briefing.

RIDER NUMBER COLLECTION

Participants who have purchased postage will have their kit mailed to them from September 23rd, 2025. **Please ensure you have completed the online safety briefing prior to Sunday October 19th, or your timing chip will not be activated.**

All other riders are to collect their race kit and timing chip from the **Registration Tent at the Event Village** on Saturday 18th October (10:00am – 4:00pm) or the morning of Sunday 19th October (from 5:30am). Please have your eTicket ready and ensure you have completed the online safety briefing.

Medio Fondo Participants can collect from the **Registration Tent at the Event Village** on Saturday or the **Start Line in Apollo Bay on Sunday**.

LOST RIDER NUMBER

If your rider number did not arrive in the post, we have replacement rider numbers available to be picked up from the **Registration Tent at the Event Village** on Saturday 18th October (10:00am – 4:00pm) or the morning of Sunday 19th October (5:30am – 7:30am), prior to the event starting.



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PHOTOGRAPHY & BIKE PARKING



ON COURSE PHOTOGRAPHY & VIDEO

Post-event, riders will be notified by NORTHSOUTH LIVE that they can review their course photos for purchase. A highlights video will be available in the post-event survey email.

Please make sure you share your photos on socials using the event hashtags #amysgranfondo #greatoceanroad2025

POST EVENT BIKE PARKING

Bike Parking will be available for participants post ride and will be provided free of charge at the Lorne Foreshore **Event Village Expo**.





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BIKE SERVICING



Please note, riders should get their bike serviced before the event, and plan to be self-sufficient for mechanical issues (carrying tubes and canisters/pump with them during the ride). Note, there will be Neutral Mechanical Support on the course. During your race/ride sms or call Mechanical Support on 0487 350 656.

PLEASE ENSURE YOUR BIKE IS SERVICED AND IN GOOD WORKING ORDER PRIOR TO ARRIVING IN LORNE. BELOW IS A CHECKLIST TO HELP GUIDE YOU:

ALL THE BEARINGS

- Wheel bearings, front and rear
- Pedals
- Bottom bracket

SUSPENSION

- Performing correctly without rattles or leaks.

DRIVE CHAIN

- Chain and chainrings
- Cogs
- Cranks and chain bolt rings should be tight

GEARS

- Derailleurs
- Cables
- Shifters

BRAKES & WHEELS

- Pads
- Cables
- Hydraulic discs check for buckles
- Check for broken or loose spokes

ACCESSORIES

- Lights
- Drink bottle cages
- Racks
- Pumps

These should all be tight with correct fixings and new batteries.



Our friends at **Fuel Performance** will be at the event providing mechanical support. They are also mobile around Melbourne!

If you need a same day turnaround they are a fully mobile workshop and can service conveniently at your home or office.

More details here:
fuelperformance.com.au



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RIDER TRACKING



SPORTSPLITS

FAMILY, FRIENDS AND FELLOW RIDERS CAN USE 'SPORTSPLITS TRACKER' TO FOLLOW YOU ON COURSE!

The 2025 Amy's Great Ocean Road Gran Fondo is featuring the latest in real-time race tracking by providing Live Results via our partner **SportSplits (MSA)**.

Features Include:

Live Web Tracker - See times and current pace within seconds of a participant crossing each split point. Estimated times will be provided based on current pace.

Live Map Tracking - Participant locations will be plotted on the Interactive Course Map as progress is made on course. The position of each participant is estimated based on the most recent timing received from the bib read. NOTE: Participants do not need to carry their phones for this feature to work. Estimated Times are indicative of an average pace/speed and could vary in accordance with conditions.

Mobile App - Features include Live Participant Tracking, Push Notifications, Map Tracking, Event Messages, Event Info and more!

Tell your friends and family to head to the App Store on their iPhone or Android to download this free app (SportSplits Tracker). Search Amy's Gran Fondo and your ride number.



[**DOWNLOAD MOBILE APP**](#)



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RIDER WELFARE & SAFETY



AID STATIONS

Aid stations are stocked with water, Electrolyte hydration provided to you by **SIS**, fruit, lollies and cake. Toilets are available at each aid station.

Please use these and don't urinate in public spaces. Amy's Gran Fondo has received complaints about this in previous years. Additional to the products mentioned, there will be food available for purchase at the Forrest Aid Station, if you would like to take a small amount of cash out on course. If you choose to, please spend a brief moment at aid stations and move on to avoid cut-off times.

Aid stations are located at:

- Deans Marsh 23.2km
- Forrest 59.9km
- KOM Finish 77.6km
- Kennett River 109.2km
- Finish Event Village 122km

Hydrate well before the event and ensure you depart onto the course with two full bidons. These need to be refilled at aid stations.

LITTER

Anyone caught littering on course will be disqualified from the event and results will not be made available. This will be monitored on course by UCI Eco Cyclo Riders.

WEATHER

Dress appropriately; plan for the worst; different areas of the course will have different climates; do not base your apparel on Lorne's forecast. We recommend taking a waterproof top. In the event of a thunderstorm please move to the nearest shelter.

SINGLE LANE POINTS ON COURSE

There may be some road works on the Great Ocean Road where cyclists will need to merge into one lane. These areas are signed with Yellow 'Slow down single lane ahead' signage.

Cyclists will also need to merge into one lane when turning onto the Great Ocean Road at Skenes Creek (92.1km) as the Medio Fondo will merge with Gran Fondo at this point. Take care and look out for other cyclists around you.

EMERGENCY PROCEDURE

- **IN AN EMERGENCY DIAL - 000**
 - **MENTION YOU ARE AT THE EVENT**
 - **THEN NOTIFY EVENT CONTROL**
0497 034 575
- **IF SEEKING NON EMERGENCY FIRST AID 0497 034 575**

In the event of a serious incident, use this checklist as a guide:

- Ensure your own safety first
- Ensure the safety and welfare of any injured person
- Contact the nearest course marshal or on course medical service personnel
- Remain at the scene until emergency assistance arrives; take note of how many kilometres into the course you are and the rider number of the injured person.



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122KM AMY'S GRAN FONDO



AMY'S GRAN FONDO START PROCEDURE

Recreation Category riders will be marshaled according to the average speed nominated at the time of entry. Recreation Category riders will be released in four waves starting at **9:00 am**.

Please note that all riders must have crossed the start line by **9:15am** sharp. No Riders will be permitted to start after this time. Each rider in the Recreation Category will receive an individual start time when they cross the Start Arch.

If you wish to change your Start Wave, please note that you can do so without notifying the event organiser or changing your seat post sticker. Simply assemble with your preferred Start Group on event day.

UCI GRAN FONDO WORLD CHAMPIONSHIPS 7:15AM to 8AM AMY'S GREAT OCEAN ROAD GRAN FONDO WAVES FROM 9AM			
REC GROUP START WAVES	Category	Approx. Avg Speed	TOD
1	REC GROUP 1	30km/h	9:00:00 AM
2	REC GROUP 2	25-29km/h	9:03:30 AM
3	REC GROUP 3	20-24 km/h	9:09:00 AM
4	REC GROUP 4	18-19km/h	

KING & QUEEN OF THE MOUNTAIN (KOM/QOM)

- The KOM/QOM is located at Mt Sabine, approximately 64 km from the Timing Start in Lorne.
- KOM/QOM times are calculated from the KOM/QOM Start Line to the KOM/QOM finish signage.
- KOM/QOM times will be listed in race results.



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COURSE CUT OFF TIMES



AS PART OF THE EVENT PERMIT CONDITIONS WITH VICROADS AND OTHER LOCAL AUTHORITIES, STRICT ROAD-REOPENING TIMES MUST BE ADHERED TO.

DEANS MARSH CUT-OFF TIME - 10:30AM

Riders arriving after the cut-off time will not be permitted to enter Birregurra - Deans Marsh Road. Barriers will be installed and Police support will be present to enforce this policy.

SAG transportation back to Lorne will be provided.

The rider numbers of all riders that miss the cut-off time will be recorded and reported. SAG Wagons will continue to follow the last riders.

LEFT turn on Birregurra - Forrest Road Turn Cut-Off Time - 11:00am

FORREST CUT-OFF TIME - 12:00PM

Riders arriving after the cut-off time will be advised that they are at risk of not arriving at the KOM/QOM Finish before the cut-off time.

Option 1: Optional SAG transportation back to Lorne

Option 2: SAG transportation to Skenes Creek where they can resume the course.

KOM/QOM FINISH CUT-OFF TIME - 1:15PM

Riders arriving after the cut-off time will not be permitted to continue the descent. Barriers will be installed and Police support will be present to enforce this policy including compulsory SAG transportation to Kennett River. The rider numbers of all riders arriving after the cut-off time will be recorded and reported to the Event Control Centre. SAG Wagons will continue to follow the last riders.



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COURSE CUT OFF TIMES



LEFT TURN ONTO GREAT OCEAN ROAD AT SKENES CREEK - 2:00PM

Where possible, all cyclists need to be in the left lane, as those at the tail of the course may have vehicles on course with them if outside of cut off times.

If you are on the Great Ocean Road after 2:00pm ensure you are in the left lane at all times.

KENNETT RIVER CUT-OFF & REOPENING - 3:00PM

Riders arriving after the cut-off time will be advised that they are at risk of not arriving at the Finish Line before the cut-off time. There will be compulsory SAG transportation to Lorne. The rider numbers of all riders arriving after the cut-off time will be recorded and reported to the Event Control Centre. SAG Wagons will continue to follow the last riders.

LORNE FINISH - 4:15PM

Timing ceases and Great Ocean Road reopens. SAG Wagons will continue to follow the last riders.





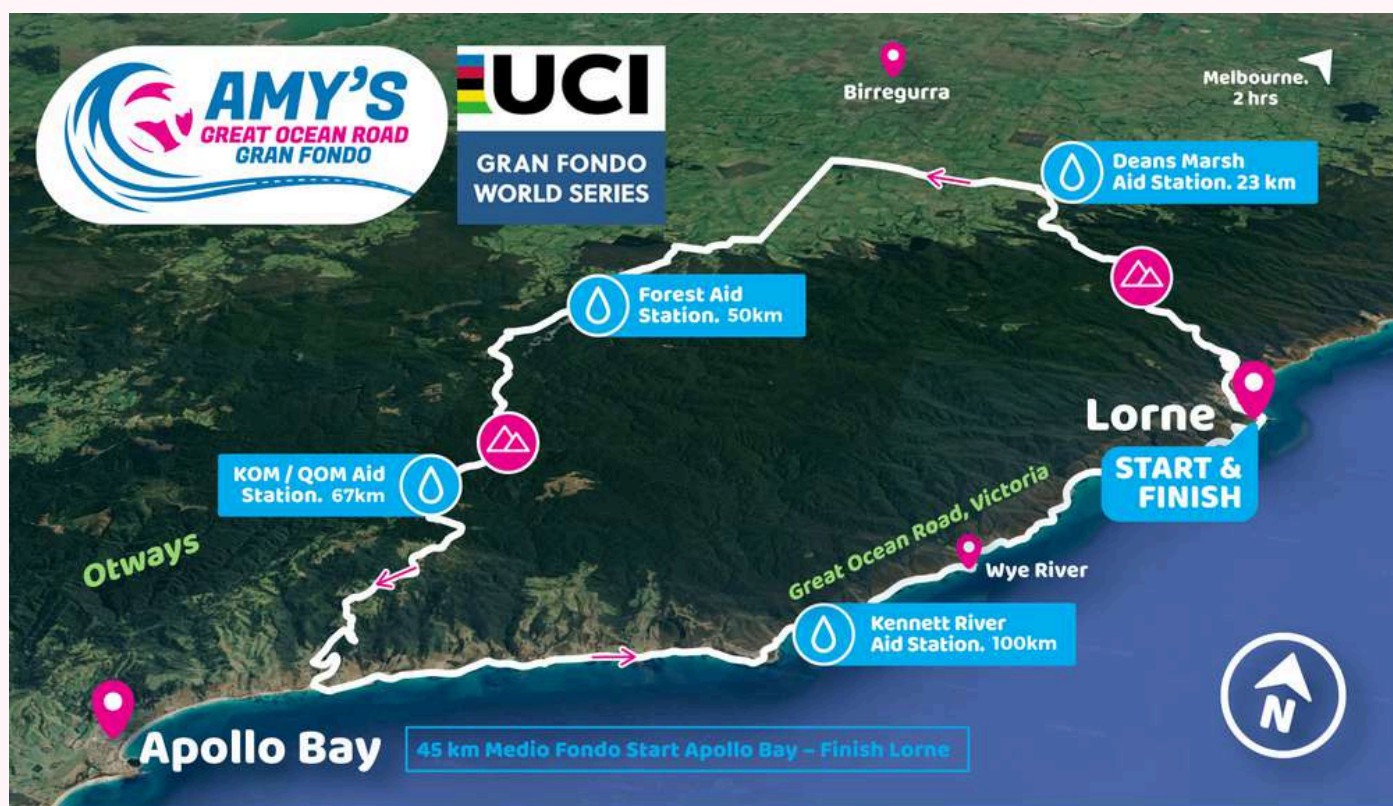
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COURSE, ELEVATIONS & AID STATIONS



AMY'S GREAT OCEAN ROAD GRAN FONDO 122KM RECREATIONAL RIDE



Amy's Great Ocean Road Gran Fondo

Fully Closed Roads For Rider Safety Including Great Ocean Road
UCI Gran Fondo World Series Age Group Race & Recreational Ride

📍 122km

📈 +1869m



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45KM AMY'S MEDIO FONDO



KEY INFORMATION

START TIME

12:00pm: Medio Fondo starts at the Apollo Bay Visitor Information Centre Carpark.

AID STATION - 22.5KM KENNETT RIVER

Stocked with water, hydration products, fruit and lollies, and fruit cake. Electrolyte and hydration products are provided to riders by **SCIENCE IN SPORT (SIS)**.

RIDER KIT COLLECTION (SATURDAY LORNE OR SUNDAY APOLLO BAY)

- Kit collection on **Saturday 18th Oct 2025 (10am-4pm)** will be at the Registration Tent at the Lorne Event Village.
- On **Sunday 19th October 2025** Timing Stickers can be collected from the Start Line at Apollo Bay from 9:00am.

MECHANICAL SUPPORT

Come prepared with spare tubes. Roaming mechanical support will be available on course provided by the team at **Fuel Performance**.

ONLINE SAFETY BRIEFING

For insurance and safety purposes, all riders are required to complete an online safety briefing. If you do not complete the online safety briefing prior to event day, your Timing Chip will not be activated.

BUS TRANSFERS

All bus transfers need to be pre-booked prior to event weekend to secure your place. [Click here](#) to book your bus transfer (to purchase, add the optional item to your existing registration). For full information regarding buses, please see page 15.





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COURSE, ELEVATIONS & AID STATIONS



AMY'S MEDIO FONDO - 45KM



45km Amy's Great Ocean Road Medio Fondo

FULLY CLOSED ROADS FOR RIDER SAFETY
RECREATIONAL TIMED RIDE

📍 45 km

🏔️ +659 m



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MEDIO FONDO BUS & BIKE TRANSFERS



Bus and bike transfers are available for riders who purchased transport during the registration process. A last chance email will be sent to all riders to finalise numbers. Please arrive in time to check-in & load your bike.

IMPORTANT NOTE: All transfers require pre-purchase of ticket, made either during registration or in the Race Roster Event Store. Check-in is required and will be **strictly enforced**. All names must be on the list to board the bus. There will be no bus tickets available on the day. eBikes are strictly not permitted on the bus trailers, with pre-event option 1 being the only option available to eBike riders.

You can add a bus transfer to your existing registration by clicking [here](#).

BUS TRANSFER OPTIONS

The following bus and bike transfers are available for the Medio Fondo riders.

Pre Event Option 1 – SAT Self Drop Bike - Apollo Bay, SUN Bus - Lorne to Apollo Bay

Drop your bike off to Mechanics Institute Hall, 21 Great Ocean Rd, Apollo Bay VIC 3233 between 3:30 - 5:00pm on Saturday and then jump on the bus departing 8:00am on Sunday from Lorne to Apollo Bay

Cost: \$20

Pre Event Option 2 – Medio Fondo SAT Bike & SUN Bus Transfer (eBikes not permitted)

1. Saturday Lorne Bike drop off between 11:00am - 4:00pm at Mountjoy Pde (Great Ocean Road) opposite Lorne Hotel
2. Sunday Bus Transfer – departing Sunday 8:00am, Lorne to Apollo Bay

Cost: \$30

Pre Event Option 3 – Medio Fondo SUN Bike & Bus Transfer (eBikes not permitted)

Arrive no later than 7:30am on Sunday to load your bike. Bus departs at 8:00am - Lorne to Apollo Bay

Cost: \$60

Post Event Transport – SUN Medio Fondo Post Event Bike & Bus Transfer (eBikes not permitted)

Departs Sunday 4:00pm from Mountjoy Pde (Event Village) - Lorne to Apollo Bay

Cost: \$30



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3KM CIRCUIT FAMILY FONDO



Amy's Family Fondo 2025 is a free, family-friendly event. Riders will start under the Gran Fondo Road Race gantry and head toward the iconic Lorne Pier, enjoying a scenic 3km circuit on a fully-closed Great Ocean Road.

KEY INFORMATION

REGISTRATIONS

If you miss the online registrations, your family members can register at the Registration Tent at the Event Expo.

START TIME

Family Fondo starts at 9:20am on Sunday 19 October 2025, under the Gran Fondo Road Race gantry on Mountjoy Pde.

SAFETY BRIEFING

Family Fondo riders do not need to complete an online safety briefing as they will be briefed on the start line. All riders must be present for the briefing at 9:15am.

BIKE PLATES

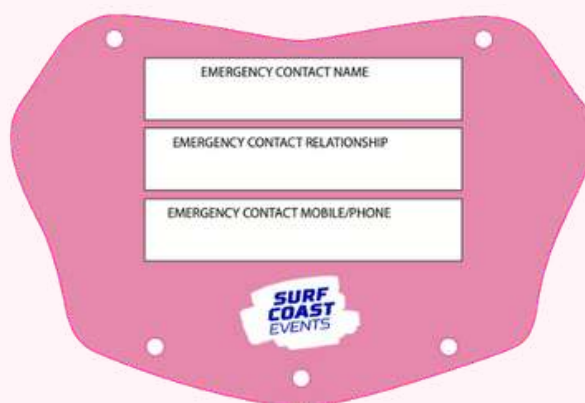
Please collect your bike plate from event information at the Registration Tent at the Event Expo prior to moving to the start line. You can collect your bike plate on Saturday 10:00am – 4:00pm or Sunday from 5:30am - 9:15am. Bike plates are fixed to the middle of the handlebars by two cable ties, facing outwards.

THE COURSE

Riders will start under the Gran Fondo Road Race gantry and head toward the iconic Lorne Pier. After the first lap, participants can continue riding between Bay Street (near the Lorne Hotel) and the Start Arch until 10:10 AM.

FINISH

All riders must finish their ride by 10:10am. Riders completing multiple laps may be turned around on the course to ensure they meet the cut-off times which will take place at 10:00am.





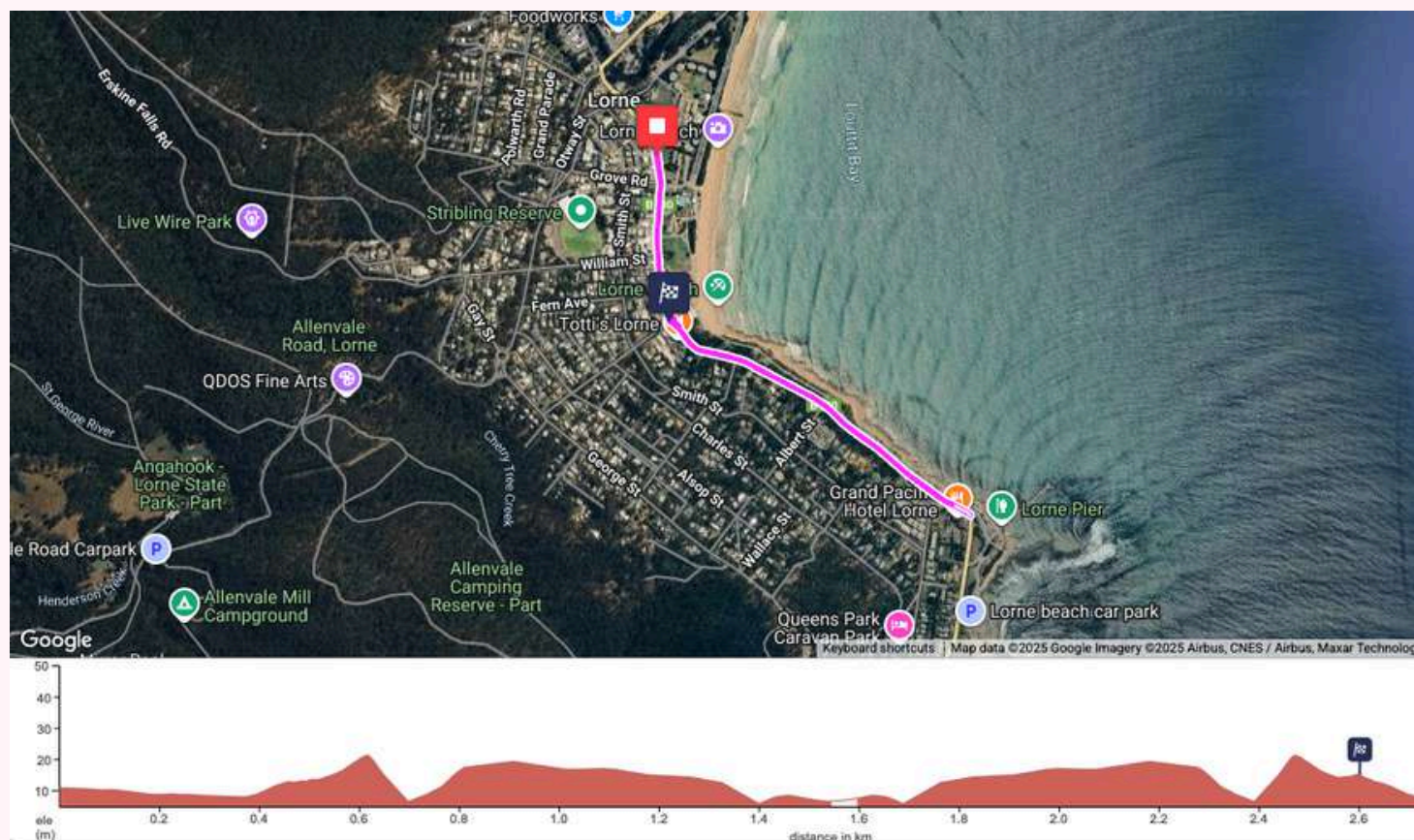
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FAMILY FONDO COURSE MAP



AMY'S FAMILY FONDO 3KM - FREE ENTRY (50 MINUTES)





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PRESENTATIONS



EVENT PRESENTATIONS SUNDAY 19th OCTOBER

12:00 - 13:00 UCI GRAN FONDO WORLD CHAMPIONSHIP

Road Race Presentations, Event Village, Lorne

MEDAL CEREMONIES

The three first riders of every age category (women and men) will be called to the podium to be awarded prizes.

Please note, no presentations are made for Amy's Gran Fondo or Medio Fondo.





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LOCAL FOOD AFTER FINISHING



FOOD POST EVENT

You may notice there are no food vendors in the event village. This is to promote the trade of local permanent businesses as we encourage you to hit Mountjoy Pde and surrounding businesses after your ride. Please shop local and support the local businesses in the area.

There will be supervised bike parking in the Lorne Foreshore expo.

Why not check out some of the following businesses?

- Lorne Central for a coffee and cake? Or an amazing Soup post event.
- Lorne Hotel – Offering a great pasta dish to refuel, and even a beverage
- Need some sugar? Visit Fruits of the Forest for an ice-cream or sorbet.
- Looking for something more along the lines of pie or cake post event? Grandma Shields Bakery, Great Ocean Road Bakery or Lorne Bakery Cafe offer pies, cakes and anything sweet to get you through to dinner.
- Need something deep fried post-event? Check out the Salty Dog Fish & Chippery.
- Chopstix Noodle Bar offer a great Asian range with quality choices for the whole family.
- The Bottle of Milk is arguably Lorne's best burger and located opposite the start line.
- Need a coffee over the event weekend? Visit Lorne Central, Swing Bridge Cafe, HAH Cafe or Moons Espresso & Juice Bar,
- Lorne Beach Pavilion – take in the beautiful surrounding views of the beach, located behind the Lorne Trampolines



Love Lorne [Instagram](#) and [Facebook](#) are the go-to hubs for everything happening in and around Lorne. From showcasing the town's breathtaking coastal scenery and vibrant local businesses to highlighting community events, dining, and accommodation, the channels bring the charm of Lorne to life online. Followers can find inspiration for their next getaway, stay up to date with seasonal activities, and discover hidden gems through stunning imagery and engaging stories. They're a great way to connect with locals, visitors, and lovers of Lorne.

We recommend making reservations in advance of your trip to Lorne, as the town will be busy with a large number of cyclists. For more information, [click here!](#)

Discover The Great Ocean Road Story

Steep cliffs, rugged terrain and dangerous weather – it was all conquered by more than 3,000 returned soldiers as they built the Great Ocean Road from 1919 onwards. Their dedication meant the isolated towns along Victoria's stunning western coastline could be joined together.

The Great Ocean Road is a memorial to the lost lives and sacrifices of the Australian diggers in World War One.



Photo: Robert Blackburn



Since its official opening in 1932, the road has breathed life into the local communities along it and become a mecca for visitors. It is a stunning engineering marvel.



Photo: Lorne Historical Society

Experience the **Great Ocean Road Story Exhibition** in the Lorne Visitor Centre at 15 Mountjoy Parade, or watch the **Story of the Road** documentary.





2025 RIDER GUIDE



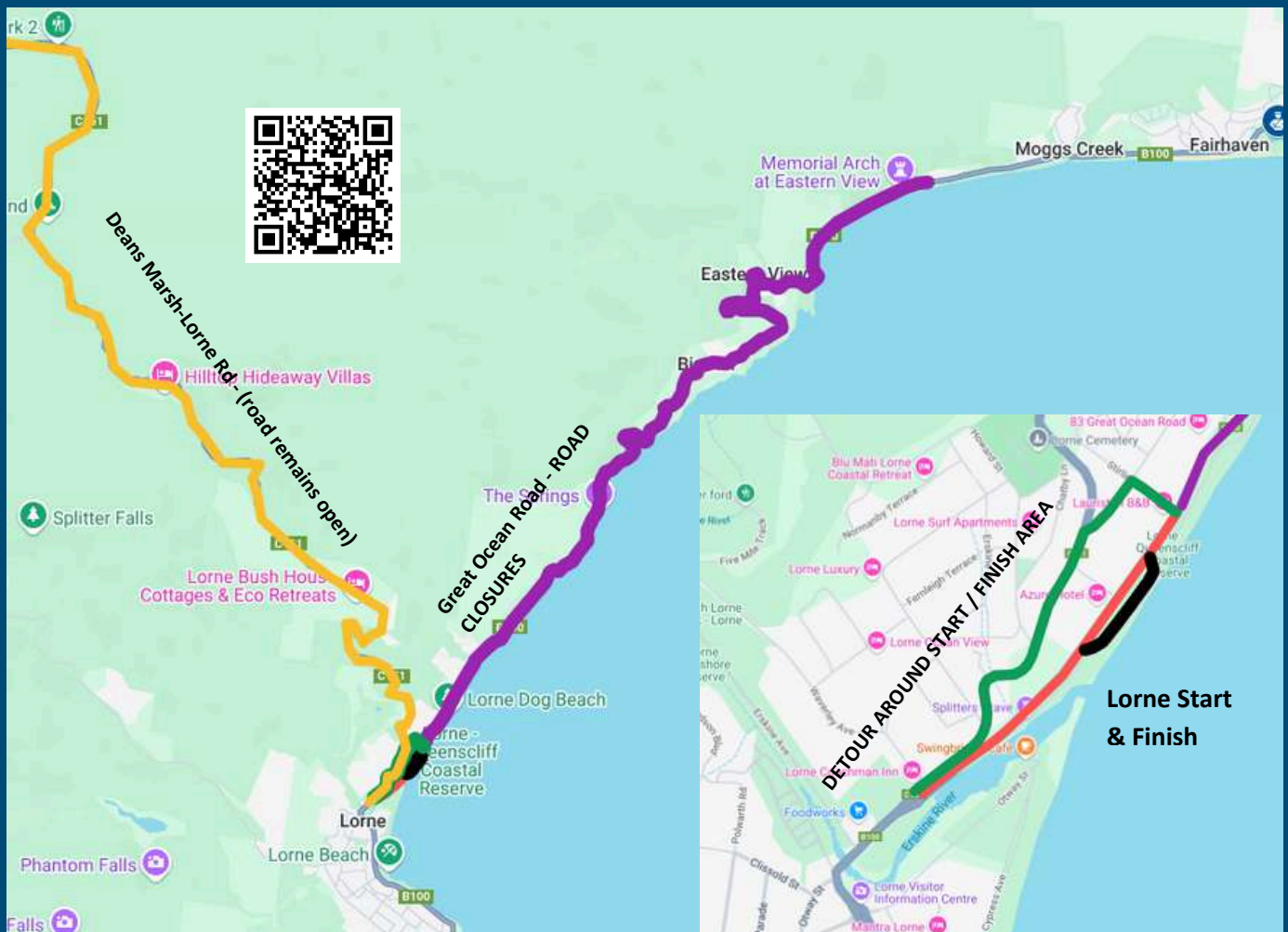
THURSDAY ROAD CLOSURES (CHAMPIONSHIP TIME TRIAL) 16TH OCTOBER 2025



ARRIVING IN LORNE ON THURSDAY 16TH OCTOBER?

Please be away, access to Lorne Via Anglesea / Great Ocean Road will be impeded by the Championship Time Trial Event. Be advised, please use **Deans Marsh - Lorne Road** for best access.

[**INTERACTIVE MAP HERE**](#)



THE FOLLOWING ROAD CLOSURES APPLY - THURSDAY 16 OCTOBER 2025

LOCATION / CLOSURE	MAP REF	TIMES
Great Ocean Road, Lorne.....Between Deans Marsh - Lorne Road and Stirling Street.....		5.00am – 6.00pm
Great Ocean Road, Lorne to Eastern View ...Between Deans Marsh - Lorne Road and View Rd (Coalmine Creek).....		9.00am – 4.30pm

Through Traffic will have immediate access at the conclusion of the closure time.
Local traffic may be impacted longer whilst the treatments to minor roads, residential and business driveways are removed.



2025 RIDER GUIDE



FRIDAY ROAD CLOSURES
(LIMITED LOCAL CLOSURES
TEAM RELAY - GEELONG)
17TH OCTOBER 2025



UCI Gran Fondo World Championships Team Relay

SpinOff

Friday 17 October, 4pm - 9pm
Eastern Beach Reserve

The Bamboos Pierce Brothers

Hassall | Farah | Kids entertainment
Hendry's SpinOff Family Ride

Free Entry



ENTER FREE FAMILY RIDE



2025 RIDER GUIDE



SUNDAY ROAD CLOSURES (AMY'S GRAN FONDO & ROAD RACE) 19TH OCTOBER 2025



ARRIVING IN LORNE SUNDAY MORNING?

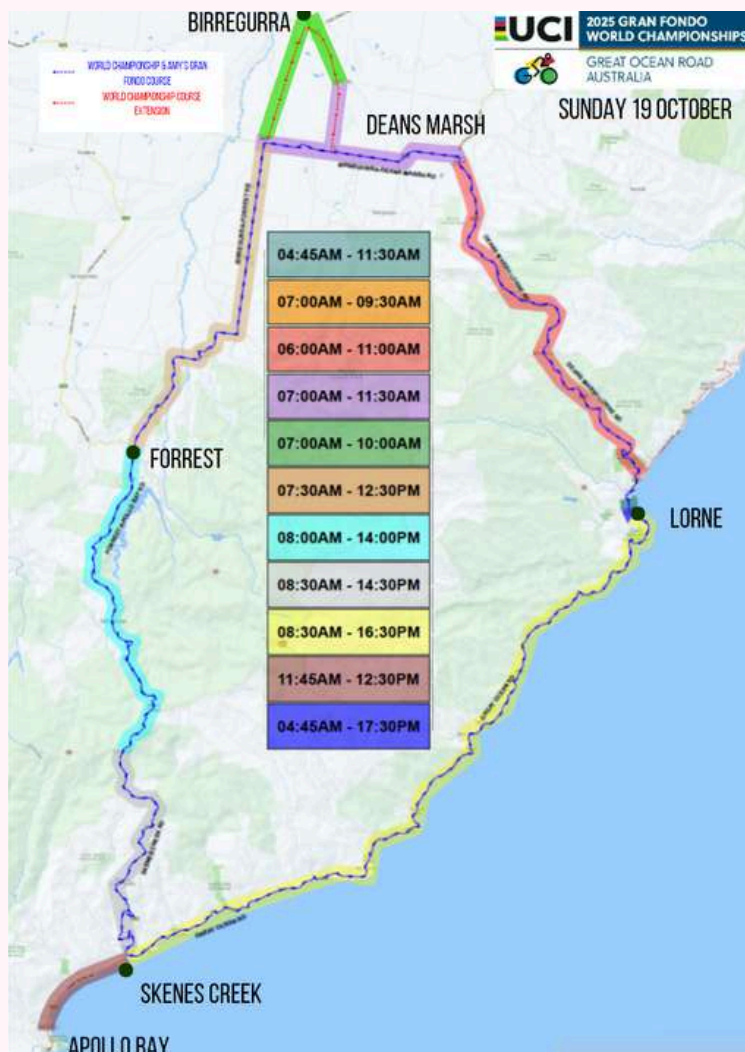
When travelling to Lorne on Sunday 19th October you must use the Great Ocean Road from Anglesea. **Do not use Deans Marsh – Lorne Road as this road will close from 6:00am**, for the road to be clear for the first event.

ROAD CLOSURES TO ALL TRAFFIC - MORE INFO [HERE](#)

To ensure the safety of all event participants and the community, temporary changes to traffic conditions must be implemented on Thursday 16th and Sunday 19th of October 2025.



INTERACTIVE
MAP HERE



THE FOLLOWING ROAD CLOSURES APPLY

SUNDAY 19 OCTOBER 2025

LOCATION / CLOSURE

MAP REF

TIMES

Mountjoy Parade, Lorne.....	Between Otway St & William Rd.....		4.45am – 11.30am
Mountjoy Parade, Lorne.....	Between William Rd & Albert St.....		4.45am – 5.30pm
Mountjoy Parade, Lorne.....	Between Deans Marsh Rd and Otway St.....		7.00am – 8.00am
Deans Marsh-Lorne Road.....	Between Birregurra – Deans Marsh Rd & Great Ocean Rd.....		8.50am – 9.30 am
Birregurra–Deans Marsh Rd & Deepdene Rd.....	Between Cape Otway Rd & Deans Marsh – Lorne Rd.....		6.00am – 11.00am
Birregurra–Forrest & Birre–Deans Marsh Rd.....	From Rifle Butts Rd to Colac - Lorne Road.....		7.00am – 11.30am
Birregurra–Forrest Road.....	Between Deepdene Rd (Colac-Lorne Rd) & Colac-Forrest Rd.....		7.00am – 10.00am
Forrest–Apollo Bay Road.....	Between Beech Forest Rd (Turttons Track) & Colac Forrest Rd.....		7.30am – 12.30pm
Skenes Creek Road.....	Between Great Ocean Rd & Beech Forest Rd (Turttons Track).....		8.00am – 2.00pm
Great Ocean Road (both directions).....	Between Skenes Creek Rd, Skenes Creek & Albert St, Lorne.....		8.30am – 2.30pm
			8.30am – 4.30pm

MEDIO FONDO START STOP & HOLD - APOLLO BAY

Great Ocean Road.....	Between Hardy St, Apollo Bay & Skenes Creek Rd, Skenes Creek.....	11.45am – 12.30pm
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Through Traffic will have immediate access at the conclusion of the closure time.

Local traffic may be impacted longer whilst the treatments to minor roads, residential and business driveways are removed.



2025 RIDER GUIDE



PARKING



PARKING

Participants are advised to ride to the event from their accommodation to minimise impact on parking in Lorne. Parking in and around Lorne is difficult as there is limited space available for parking; details below of car parks available.

To assist with finding parking we have worked with the local community to make available the following parking locations.

Parking is run by the Lorne Community Groups with funds going directly to them.

CAMPGROUNDS BEHIND MANTRA

Turn left at the Lorne Visitor Centre onto Otway Street. Follow the signage and direction from parking attendants. Limited parking is available on the Lorne foreshore which will be managed by the Parents and Friends of the local Lorne P-12 College. **The cost is \$15 per car with all funds going directly to improvements to the school's grounds.**

Alternatively, please park at your accommodation and ride down to the start line.

TRAFFIC HOTLINE: 0456 479 606

For advice during the event, a traffic hotline will operate on the dates below:

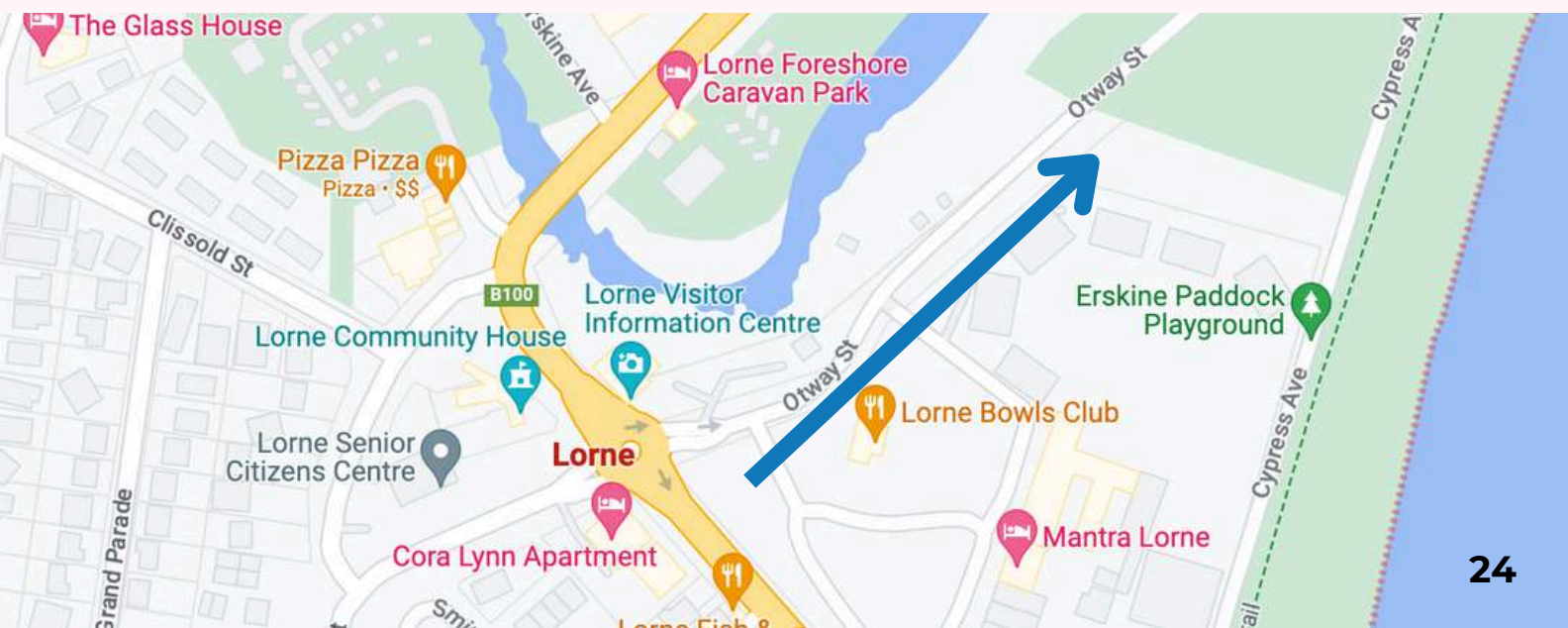
Thursday 16 October between 9:00am and 5:00pm

Friday 17 October between 9:00am and 5:00pm

Saturday 18 October between 9:00am and 5:00pm

Sunday 19 October between 5:30am and 4:30pm

The contact email for any traffic concerns is info@o2events.com.au





2025 RIDER GUIDE



RIDING BEFORE & AFTER EVENT



Amy's Gran Fondo is the safest event on the Australian cycling calendar and we make no apologies for the procedures that are in place to enable us to maintain our safety record.

We also strongly encourage utilising the same mindset during your pre-event training and any other times you are out sharing the roads with fellow road-users.

On our website [HERE](#), you will find some key safety tips for your pre-event training, whether training locally or on the coast. Don't forget to do your compulsory event safety briefing.

8 STEPS TO SAFER RIDING

1. Always follow the road rules
2. Ensure you can be seen by all road users - have lights on your bike & wear bright coloured clothing
3. Maintain your bike
4. Indicate your intentions to other road-users
5. Be ready to ride and fuel yourself to prevent fatigue
6. Always expect the unexpected - be alert & aware of your surroundings
7. Always wear your helmet - it's Australian law!
8. Ensure you carry identification every time you ride.

RESPECT THE LOCAL ROAD ENVIRONMENT

Be conscious of the road conditions and local environment where you are cycling. In rural and regional locations, you are likely to encounter a range of road conditions, including poor road surfaces, unsealed shoulders, gravel, broken bitumen, potholes, poorly maintained markings and narrow, windy roads with poor sight lines. It is unlikely that there will be dedicated cycling facilities such as marked bike lanes, and speed zones are likely to be higher.

It's also important to be aware of local weather conditions – for example, in the Great Ocean Road and Otway Region where Amy's is held, fog, mist, low-lying cloud and rain frequently occur, particularly in the winter months. Don't forget too that you may encounter wildlife, such as kangaroos, wallabies and wombats. Remember that many tourists come to the Great Ocean Road and Otway Region, and are unlikely to be familiar with the environment – they may be distracted by maps, GPS systems and the natural beauty around them.

In city and metropolitan locations, the conditions can vary greatly. Be alert, scan the road ahead and be aware of other vehicles – in particular watch for car doors, and be aware of blind spots. Be mindful of the impact that these local conditions can have on you and other road users – be aware and take extra care. Read the road ahead, and ride to the local conditions.

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2025 RIDER GUIDE



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GREAT OCEAN & OTWAY CLASSIC RIDE

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'AMYS10'**

**TORQUAY, START & FINISH - SAT 2ND MAY 2026
60KM, 145KM, & 204KM, GREAT OCEAN ROAD**