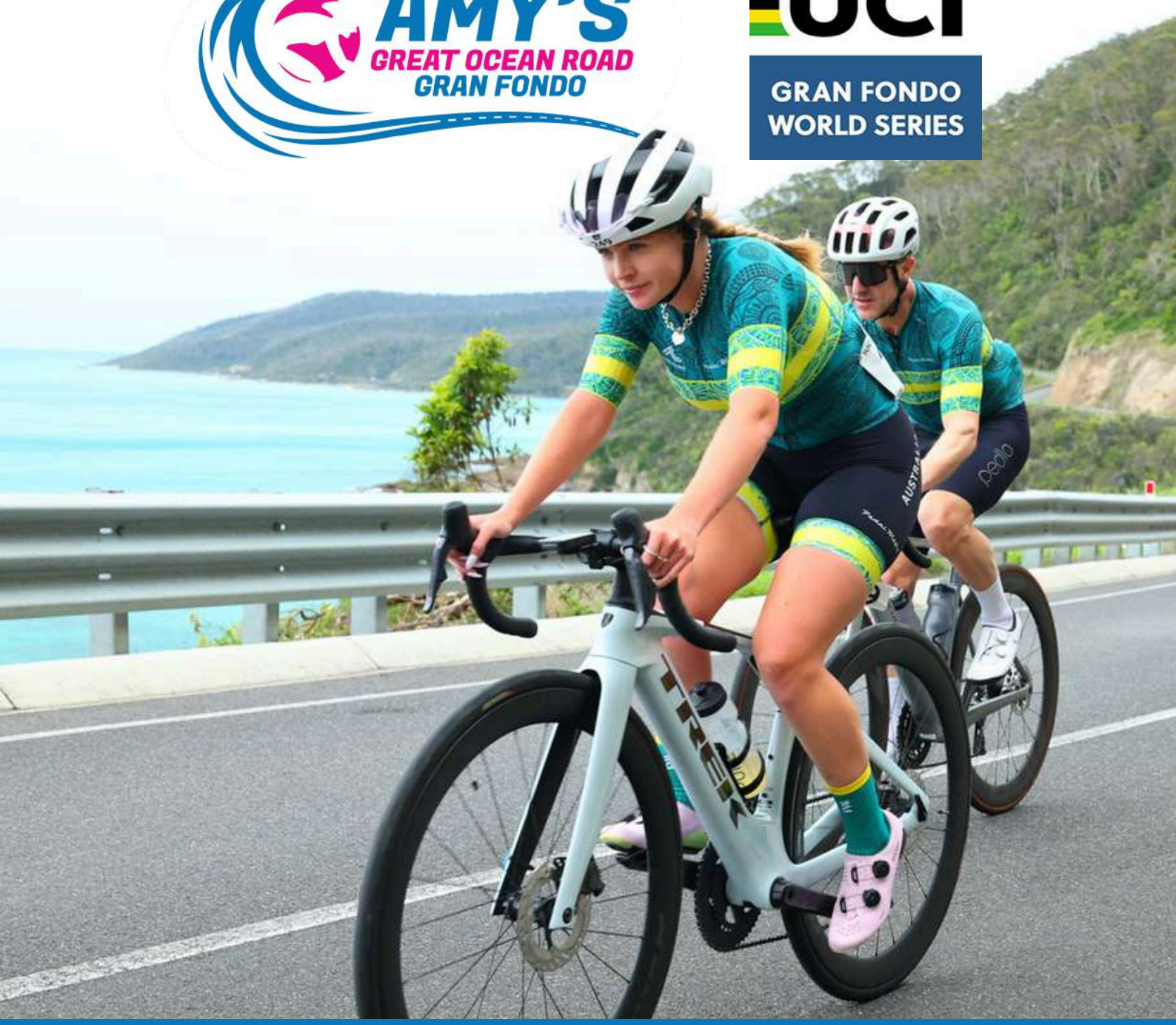
AMY'S GREAT OCEAN ROAD GRAN FONDO

UCI GRAN FONDO WORLD SERIES



2026 Rider Guide

Amy's Great Ocean Road Gran Fondo

O2EVENTS

AUSCYCLING

VICTORIA EVERY BIT DIFFERENT

SURF COAST EVENTS

SIS SCIENCE IN SPORT

bikechain

Colac Otway SHIRE

VICTORIA State Government

Amy's Gran Fondo is proudly supported by the Victorian State Government through the Regional Events Fund, supporting the delivery of major regional events that showcase Victoria's world-class destinations and experiences.

WELCOME MESSAGE
AMY'S FOUNDATION

On behalf of the Amy's Foundation Board and team, thank you for riding with us at Amy's Great Ocean Road Gran Fondo.

You are here because of Amy Gillett, who was killed by a driver while training with the Australian women's road team in Germany in 2005. Everything the Foundation has done since comes back to one idea, that every rider gets home.

This weekend gives you something most riders never get. Closed roads on one of the best stretches of coast in the country, around 4,000 riders alongside you, and no reason to think about what is coming up behind. It's a rare and glorious freedom, soak it up and enjoy.
For the rest of the year we are sharing the roads with other users. The law asks a driver to leave you a metre when they pass at 60km/h or under, and a metre and a half when they are travelling faster than that. Getting that written into law is only half the job, the critical work we are doing is to ensure that police enforce the laws consistently across the country, and getting drivers to change the way they behave and use our roads.

We also work on how roads are designed and built, because whether a rider gets home is often decided long before a driver comes up behind them. We fund and use research so that what we put in front of government is evidence rather than opinion, including work on what actually makes a rider recognisable to a driver at night, which is not what most people assume. We run education for both drivers and riders, and we tell the stories of the people who have been hit and the impact on the family, friends and community when that happens. We do that because it's important to ensure that lives do not become faceless, nameless data points.

At Amy's Foundation we believe strongly in the power of single conversations, and the cumulative effect of them to create change. If the thousands of you riding on Sunday have even a few conversations this year, it creates the momentum we need. Ask the drivers you know whether they can picture a metre from the driver's seat, because most cannot and most think they are already leaving one. It is roughly the width of a car door opened out. Remind them they are allowed to cross the centre line to pass you when it is safe to do so, tell them that waiting for that gap costs seconds rather than minutes, and ask them to check the mirror before they turn left across a bike lane. Then ask them to open their door with the far hand, so their shoulder turns and they see what is coming.

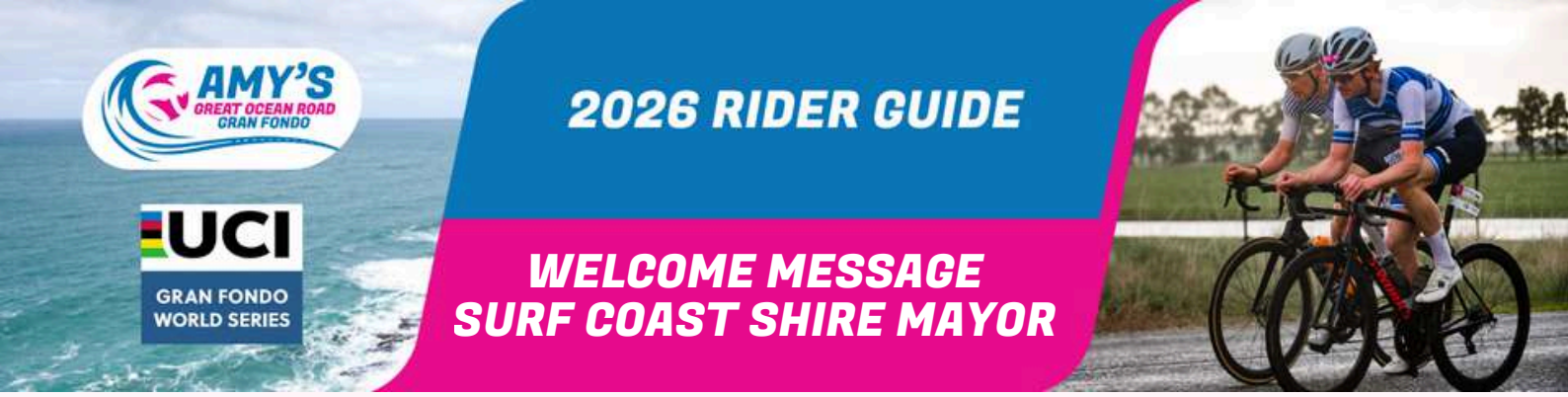
Over the weekend, pop in and see us at the Amy's Foundation tent in the event village in Lorne.

Ride safely, look after the riders around you, and enjoy the day.

Katherine Bates
Managing Director
Amy's Foundation

AMY'S FOUNDATION
SAFE TOGETHER

AMY'S
FOUNDATION
SAFE TOGETHER
TOGETHER,
WE RIDE FOR
SAFER ROADS.
GET INVOLVED!



WELCOME MESSAGE
SURF COAST SHIRE MAYOR

A warm welcome to the Surf Coast for Amy's Great Ocean Road Gran Fondo: a favourite event with a proud legacy and a lasting local impact.

It will be wonderful to see Lorne buzzing with cyclists, spectators, officials and volunteers.

There are few experiences quite like riding a fully closed Great Ocean Road, surrounded by spectacular coastline, charming hinterland and the energy of thousands of people coming together for a memorable challenge.

Amy's Great Ocean Road Gran Fondo has long been one of the Surf Coast's most respected events. It provides an important boost to Lorne and surrounding communities during the quieter visitor season, while offering an opportunity for people to connect and be active in a stunning location.

The Surf Coast recently achieved Eco Destination accreditation: the second destination in Victoria to do so. We'd love to welcome you back to experience more of the Surf Coast's incredible natural environment.

Importantly, this event continues to champion safer roads for everyone.

We applaud Amy's Foundation's commitment to make cycling safer in Australia.

We're playing our part, through our Safer Cycling Strategy which aims to improve the safety and quality of the cycling experience; reduce fatal and serious injury cyclist crashes by 30% by 2030; and increase participation in cycling.

A great example is a review of pedestrian and active transport connections across the Lorne township, to make it easier and safer for people to ride, walk and move around. It's encouraging to see this work sit alongside an event that so clearly celebrates the benefits of cycling and safe movement.

Wishing every rider an enjoyable Amy's Great Ocean Road Gran Fondo!

Cr Libby Stapleton
Mayor
Surf Coast Shire

SURF COAST EVENTS

What's on?

Keen to know what events and markets are happening on the spectacular Surf Coast?
Head to **surfcoastevents.com.au**

Sign up for the newsletter and follow:

AMY'S GREAT OCEAN ROAD GRAN FONDO

UCI GRAN FONDO WORLD SERIES

2026 RIDER GUIDE

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AMY'S GREAT OCEAN ROAD GRAN FONDO

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EVENT WEEKEND PROGRAM

Friday September 11th		
4pm - 6pm	**Rider Kit Collection** Timing Sticker Collection from the Registration Tent at the Event Village. eTicket & Safety Briefing completion required (No Safety Briefing required for Family Fondo participants)	Lorne Foreshore Event Village
Saturday September 12th		
10am - 4pm	**Rider Kit Collection** Timing Sticker Collection from the Registration Tent at the Event Village. eTicket & Safety Briefing completion required (No Safety Briefing required for Family Fondo participants)	Lorne Foreshore Event Village
	Event Village Expo Open Check out: Amy's Foundation, Fuel Performance (Bike Mechanic), SIS, GKA Sports, SUB4, Blackman's Brewery & more.	Lorne Foreshore Car Park
Sunday September 13th		
From 5:30am	**Amy's Gran Fondo Rider Registration** Timing Sticker Collection with eTicket Closes 15 minutes prior to each race start. Medio Fondo (45km) collection from Apollo Bay Start Line.	Lorne Foreshore Event Village
7am	**Event Village Expo Open** Check out: Amy's Foundation, Fuel Performance (Bike Mechanic), SIS, GKA Sports, SUB4, Blackman's Brewery & more.	Lorne Foreshore Car Park
7am	**Amy's Medio Fondo 90km 'Out and Back' Start** Leg 1 (Lorne to Apollo Bay): Cycling under regular road rules on an open Great Ocean Road. Assemble opposite Lorne Hotel by 6:50am for a 7am departure.	Opposite Lorne Hotel

AMY'S GREAT OCEAN ROAD GRAN FONDO

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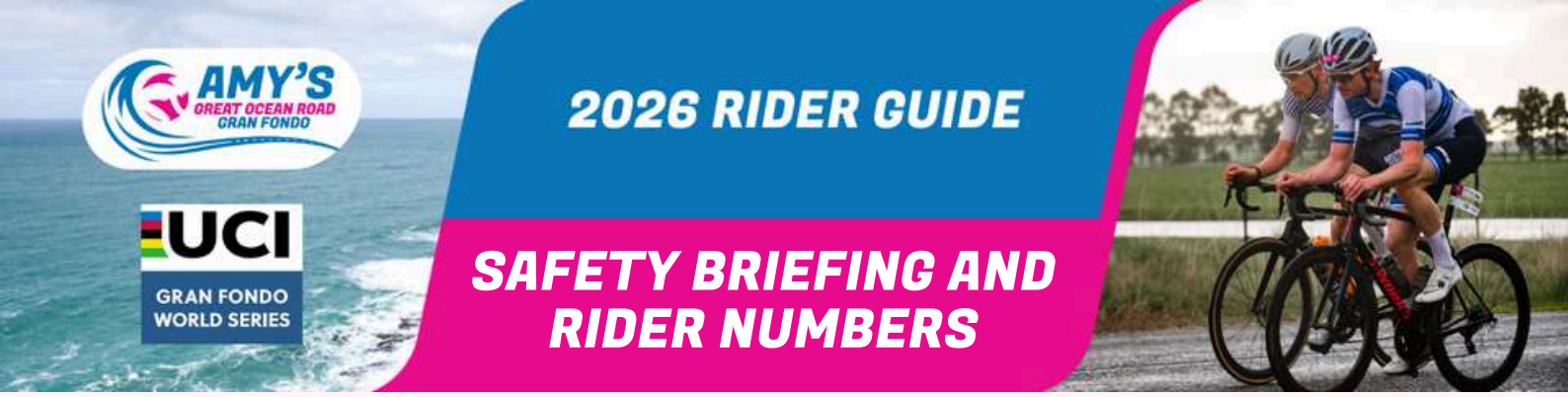
EVENT WEEKEND PROGRAM

Cont. Sunday September 13th		
8am	**Lorne to Apollo Bay Bus Transfer Departs** All Medio Fondo riders who have pre-purchased transport options, will be departing from the roadside opposite the Lorne Hotel. If bringing a bike, please arrive no later than 7:30am for loading.	Opposite Lorne Hotel
7:30am	**Amy's Gran Fondo 122km Age Group Start** Age group riders - please start with your respective age group and start with 2 full bidons. Ensure you obey course caution signage and please do not litter.	Mountjoy Pde, Lorne
7:50am	**Amy's Gran Fondo 122km Rec Group Start** Recreational category riders - please enjoy the ride and utilise Aid Stations along the course.	Mountjoy Pde, Lorne
9:20am - 10:10am	**Amy's Family Fondo Start (Free Event)** This family friendly course sees riders enjoy a 2.7km circuit of the Great Ocean Road.	Mountjoy Pde, Lorne
11am	**Amy's Medio Fondo 45km / 90km Leg 2 Start** Medio Fondo riders will ride from Apollo Bay to Lorne travelling the entire distance on the Great Ocean Road.	Hardy St, Apollo Bay
From 12pm	**Event Presentations** Rolling presentations will occur on the stage in the event village as results are confirmed, please make yourself known at the stage if you are among the top 3 in your age group. 1pm UCI Medal Collection SMS will be sent to those that have qualified to receive their medal.	Lorne Foreshore Event Village
4pm	**Event Village Expo Closed**	Lorne Foreshore Event Village



SAFETY BRIEFING

Amy's Gran Fondo is the safest event on the Australian cycling calendar and we are proud of the procedures that are in place to enable us to maintain our safety record.

All riders (excluding Family Fondo) must complete an online safety briefing prior to collecting rider kit collection.

Please complete the briefing link below that is relevant to your registration:

Gran Fondo (122km) - Click here

Medio (45km & 90km) - Click here

RIDER NUMBER COLLECTION

If you paid for Timing Sticker Postage & completed your online safety briefing before midnight **Friday 21st August**, your rider number and timing chip will be mailed out to you.

All other riders, who have not purchased postage will need to collect their rider number and timing chip at the **Event Village Registration Tent** on Friday 11th September (4:00pm - 6:00pm), Saturday 12th September (10:00am – 4:00pm) or the morning of Sunday 13th September (5:30am – 9:30am). Please bring your eTicket (emailed to you during event week) to kit collection.

45km Medio Fondo Participants can collect from the **Registration Tent at the Lorne Event Village** on Saturday or the **Apollo Bay Start Line** on Sunday.

LOST RIDER NUMBER

If your rider number did not arrive in the post, we have replacement rider numbers available to be picked up from the **Registration Tent at the Event Village** on Saturday 12th September (10:00am – 4:00pm) or the morning of Sunday 13th September (5:30am – 7:30am), prior to the event starting. Medio Fondo (45km) riders may collect a replacement from the Apollo Bay Start Line.

CHANGING DISTANCE?

To edit your event distance please email info@o2events.com.au.

BIKE STICKER APPLICATION

You rider kit will include:

- **Timing Chip Bike Post Sticker:** To be placed around the seat post with the number facing backwards so as to be read from the side.
- **Helmet Sticker:** To be placed on the front of your helmet.
- **Age Group or Rec Group Seat Post Identifier:** To be placed around the seat post with the number facing backwards so as to be read from the side.
- **Mocka:** To be placed on your top tube.

TIMING CHIP BIKE POST STICKER

'MOCKA' COURSE NOTES

HELMET STICKER

AGE GROUP OR REC GROUP SEAT POST IDENTIFIER

PLEASE ATTACH YOUR TIMING STICKER TO YOUR SEAT POST AS PER THE IMAGE SHOWN

- Do not attach your **Timing Chip Bike Post Sticker until you arrive at the event.**
- **At the conclusion of the event, please remove the stickers** in order to keep our roads pristine

TRAVELLING WITH A RIDER

Make the most of your time

LORNE

EXPLORE | **DISCOVER** | **EAT AND DRINK** | **ADVENTURE**

Want the local knowledge?

Drop into the Lorne Visitor Information Centre

15 Mountjoy Parade, Lorne.
Open 7 days a week 9am-5pm

www.iamlorne.com.au

PHOTOGRAPHY & BIKE PARKING

ON COURSE PHOTOGRAPHY & VIDEO

Post-event, riders will be notified by NORTHSOUTH LIVE that they can review their course photos for purchase. A highlights video will be available in the post-event survey email.

Please make sure you share your photos on socials using the event hashtags #amysgranfondo

POST EVENT BIKE PARKING

Bike Parking will be available for participants post ride and will be provided free of charge at the Lorne Foreshore **Event Village Expo**.

BIKE SERVICING

Please note, riders should get their bike serviced before the event, and plan to be self-sufficient for mechanical issues (carrying tubes and canisters/pump with them during the ride). Note, there will be Neutral Mechanical Support on the course. During your race/ride sms or call Mechanical Support on 0487 350 656.

PLEASE ENSURE YOUR BIKE IS SERVICED AND IN GOOD WORKING ORDER PRIOR TO ARRIVING IN LORNE. BELOW IS A CHECKLIST TO HELP GUIDE YOU:

ALL THE BEARINGS
- Wheel bearings, front and rear
- Pedals
- Bottom bracket

SUSPENSION
- Performing correctly without rattles or leaks.

DRIVE CHAIN
- Chain and chainrings
- Cogs
- Cranks and chain bolt rings should be tight

GEARS
- Derailleurs
- Cables
- Shifters

BRAKES & WHEELS
- Pads
- Cables
- Hydraulic discs check for buckles
- Check for broken or loose spokes

ACCESSORIES
- Lights
- Drink bottle cages
- Racks
- Pumps

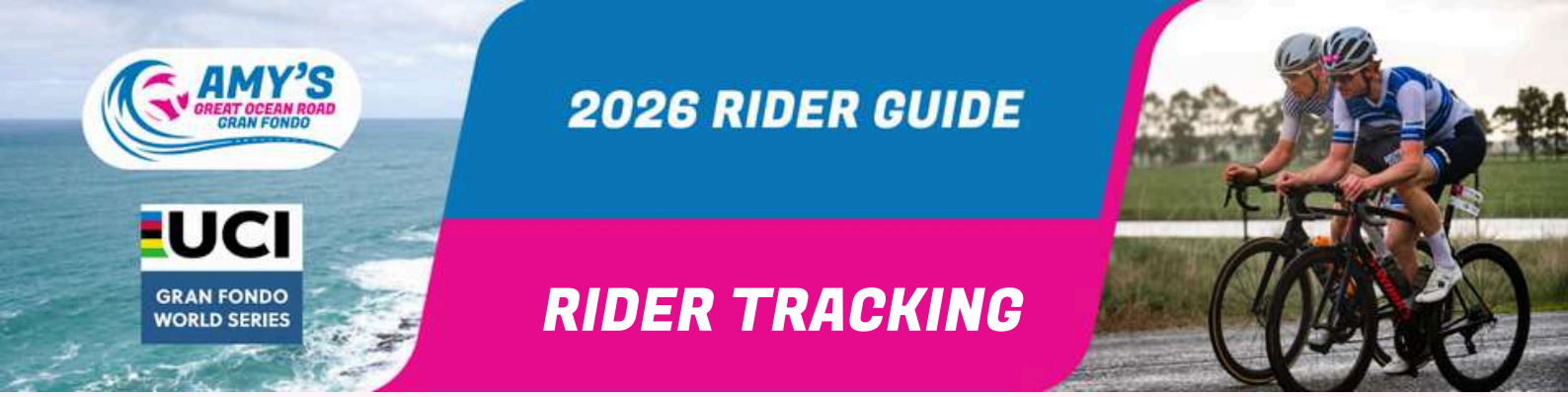
These should all be tight with correct fixings and new batteries.

FUEL

Our friends at **Fuel Performance** will be at the event providing mechanical support. They are also mobile around Melbourne!

If you need a same day turnaround they are a fully mobile workshop and can service conveniently at your home or office.

More details here:
fuelperformance.com.au



MULTISPORT AUSTRALIA

FAMILY, FRIENDS AND FELLOW RIDERS CAN USE THE 'MULTISPORT AUSTRALIA' APP TO TRACK YOU ON COURSE!

The 2026 Amy's Great Ocean Road Gran Fondo is featuring the latest in real-time race tracking by providing Live Results via our partner **MultiSport Australia.**

Features Include:

Live Web Tracker - See times and current pace within seconds of a participant crossing each split point. Estimated times will be provided based on current pace.

Live Map Tracking - Participant locations will be plotted on the Interactive Map as progress is made on course. The position of each participant is estimated based on the most recent timing received from the bib read. NOTE: Participants do not need to carry their phones for this feature to work. Estimated Times are indicative of an average pace/speed and could vary in accordance with conditions.

Mobile App - Features include Live Participant Tracking, Push Notifications, Map Tracking, Event Messages, Event Info and more!

Tell your friends and family to head to the App Store on their iPhone or Android to download this free app (MultiSport Australia). Search Amy's Gran Fondo and your rider number.

DOWNLOAD MOBILE APP

RIDER WELFARE AND SAFETY

AID STATIONS

Aid stations are stocked with water, Electrolyte hydration provided to you by **SIS**, fruit, lollies and cake. Toilets are available at each aid station.

Please use these and don't urinate in public spaces. Amy's Gran Fondo has received complaints about this in previous years. Additional to the products mentioned, there will be food available for purchase at the Forrest Aid Station, if you would like to take a small amount of cash out on course. If you choose to, please spend a brief moment at aid stations and move on to avoid cut-off times.

Aid stations are located at:
·Deans Marsh 29km (New Location)
·Forrest 50km
·KOM Finish 67km
·Kennett River 100km
·Finish Event Village 122km

Hydrate well before the event and ensure you depart onto the course with two full bidons. These need to be refilled at aid stations.

WEATHER

Dress appropriately; plan for the worst; different areas of the course will have different climates; do not base your apparel on Lorne's forecast. We recommend taking a waterproof top. In the event of a thunderstorm please move to the nearest shelter.

LITTER

Anyone caught littering on course will be disqualified from the event and results will not be made available. This will be monitored on course by UCI Eco Cyclo Riders.

SINGLE LANE POINTS ON COURSE

There may be some road works on the Great Ocean Road where cyclists will need to merge into one lane. These areas are signed with Yellow 'Slow down single lane ahead' signage.

Cyclists will also need to merge into one lane when turning onto the Great Ocean Road at Skenes Creek (92.1km) as the Medio Fondo will merge with Gran Fondo at this point. Take care and look out for other cyclists around you.

EMERGENCY PROCEDURE

- **IN AN EMERGENCY DIAL - 000**
  - **MENTION YOU ARE AT THE EVENT**
  - **THEN NOTIFY EVENT CONTROL 0497 034 575**
- **IF SEEKING NON EMERGENCY FIRST AID 0497 034 575**

In the event of a serious incident, use this checklist as a guide:
·Ensure your own safety first
·Ensure the safety and welfare of any injured person
·Contact the nearest course marshal or on course medical service personnel
·Remain at the scene until emergency assistance arrives; take note of how many kilometres into the course you are and the rider number of the injured person.

AMY'S GRAN FONDO START PROCEDURE

Age Group riders will be marshalled in the start area according to age group. Colour coded signage corresponding to your age group seat post identifier will mark your assembly location. Please be assembled in the start area by **7:20am**. Age groups will be released according to the following schedule:

AGE GROUP RACE START WAVES	Age Start	Age Finish	TOD
1	18	34	7:30:00 AM
2	35	39	7:33:00 AM
3	40	44	7:34:30 AM
4	45	49	7:36:00 AM
5	50	54	7:37:00 AM
6	55	59	7:39:00 AM
7	60	64	7:40:30 AM
8	65	69	7:42:30 AM
	70	74	
	75	79	
	80+		
REC GROUP START WAVES	**Category**	**Approx. Avg Speed**	**TOD**
9	REC GROUP 1	30km/h	7:50:00 AM
10	REC GROUP 2	25-29km/h	7:54:00 AM
11	REC GROUP 3	20-24 km/h	8:00:00 AM
12	REC GROUP 4	18-19km/h	8:05:00 AM

Each age group will receive a single start time (the time that the first rider in the bunch crosses the timing start). **Riders who start before their age category, will be disqualified.**

Recreation Category riders will be marshaled according to the average speed nominated at the time of entry. Recreation Category riders will be released in a four waves starting at **7:50 am**.

Please note that all riders must have crossed the start line by **8:10am** sharp. Riders will not be permitted to enter the course after this time.

Each rider in the Recreation Category will receive an individual start time (unranked) and an Age Category Time (Ranked). **More info P20-21.**

KING & QUEEN OF THE MOUNTAIN (KOM/QOM)

- The KOM/QOM is located at Mt Sabine approximately 64 km from the Timing Start in Lorne.
- Q/KOM times are calculated from the Timing Start to the Q/KOM finish signage.
- There will be one overall Men's and Women's winner for KOM & QOM from the Age Category Event.

AMY'S GREAT OCEAN ROAD GRAN FONDO

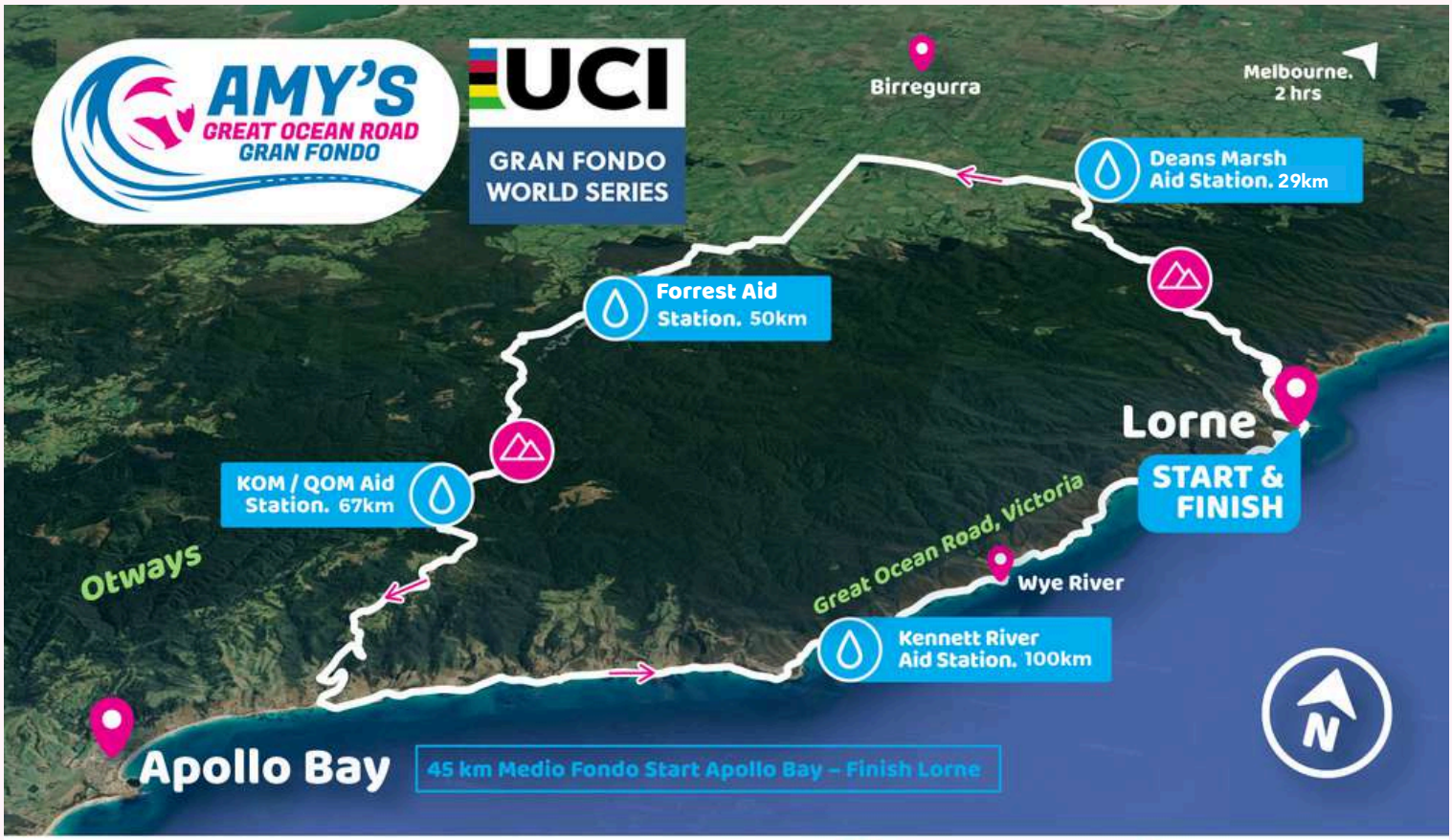
UCI GRAN FONDO WORLD SERIES

2026 RIDER GUIDE

COURSE, ELEVATIONS & AID STATIONS

AMY'S GREAT OCEAN ROAD GRAN FONDO 122KM

- **AGE GROUP RACE & RECREATIONAL RIDE**



Amy's Great Ocean Road Gran Fondo

Fully Closed Roads For Rider Safety Including Great Ocean Road
UCI Gran Fondo World Series Age Group Race & Recreational Ride

122km

+1869m

AS PART OF THE EVENT PERMIT CONDITIONS WITH VICROADS AND OTHER LOCAL AUTHORITIES, STRICT ROAD-REOPENING TIMES MUST BE ADHERED TO.

Please ensure you are ahead of the cut-off times to complete the event within the road closures. Cut-off times are based upon the last riders departing Lorne at 8am and riding an average speed of 18km/h.

The key to success is not staying long at rest stops and ensuring you remain on the move around the course. The cut-off times are outlined below:

23.3km - DEANS MARSH CUT-OFF TIME - 9:30AM
Riders arriving after the cut-off time will not be permitted to enter Birregurra - Deans Marsh Road. Barriers will be installed and Police support will be present to enforce this policy.

SAG transportation back to Lorne will be provided.
The rider numbers of all riders that miss the cut-off time will be recorded. SAG Wagons will continue to follow the last riders.

32.7km - LEFT turn on Birregurra - Forrest Road CUT-OFF TIME - 10:00AM
SAG transportation back to Lorne will be provided.
The rider numbers of all riders that miss the cut-off time will be recorded. SAG Wagons will continue to follow the last riders.

50km - FORREST CUT-OFF TIME - 11:00AM
Riders arriving after the cut-off time will be advised that they are at risk of not arriving at the KOM/QOM Finish before the cut-off time.
Option 1: Optional SAG transportation back to Lorne
Option 2: SAG transportation to Skenes Creek where they can resume the course.

67km - KOM/QOM FINISH CUT-OFF TIME - 12:30PM
Riders arriving after the cut-off time will not be permitted to continue the descent. Barriers will be installed and Police support will be present to enforce this policy including compulsory SAG transportation to Kennett River. The rider numbers of all riders arriving after the cut-off time will be recorded and reported to the Event Control Centre. SAG Wagons will continue to follow the last riders.

COURSE CUT OFF TIMES

83km - GREAT OCEAN ROAD CUT-OFF & REOPENING - 1:15PM
Where possible, all cyclists need to be in the left lane, as those at the tail of the course may have vehicles on course with them if outside of cut off times.
If you are on the Great Ocean Road after 2:00pm ensure you are in the left lane at all times.

100km - KENNETT RIVER CUT-OFF & REOPENING - 2:15PM
Riders arriving after the cut-off time will be advised that they are at risk of not arriving at the Finish Line before the cut-off time. There will be compulsory SAG transportation to Lorne. The rider numbers of all riders arriving after the cut-off time will be recorded and reported to the Event Control Centre. SAG Wagons will continue to follow the last riders.

122km - LORNE FINISH CUT-OFF TIME - 3:15PM
Timing ceases and Great Ocean Road reopens. SAG Wagons will continue to follow the last riders.

The event must ensure that road reopening timings are met, so please follow the direction of staff and volunteers enforcing the cut-off times.

KEY INFORMATION

START TIME
11:00am: Medio Fondo starts at the Apollo Bay Visitor Information Centre Carpark (Hardy Street).

AID STATION - 22.5KM KENNETT RIVER
Stocked with water, hydration products, fruit and lollies, and fruit cake. Electrolyte and hydration products are provided to riders by **SCIENCE IN SPORT (SIS).**

RIDER KIT COLLECTION (FRIDAY & SATURDAY LORNE OR SUNDAY APOLLO BAY)

- Kit collection on **Friday 11th Sept (4-6pm)** or **Saturday 12th Sept (10am-4pm)** is located at the Registration Tent in the Lorne Foreshore Event Village.
- On **Sunday 13th Sept (Event Morning)** Timing Stickers can be collected from the Apollo Bay Start Line from 8:30am.

MECHANICAL SUPPORT
Come prepared with spare tubes. Roaming mechanical support will be available on course provided by the team at **Fuel Performance**.

ONLINE SAFETY BRIEFING
For insurance and safety purposes, all riders are required to complete an online safety briefing. If you do not complete the online safety briefing prior to event day, your Timing Chip will not be activated.

BUS TRANSFERS
All bus transfers need to be pre-booked prior to event weekend to secure your place. Click here to book your bus transfer (to purchase, add the optional item to your existing registration). For full information regarding buses, please see page 17.

AMY'S GREAT OCEAN ROAD GRAN FONDO

UCI GRAN FONDO WORLD SERIES

2026 RIDER GUIDE

COURSE, ELEVATIONS & AID STATIONS

AMY'S MEDIO FONDO - 45KM

45km Amy's Great Ocean Road Medio Fondo

FULLY CLOSED ROADS FOR RIDER SAFETY
RECREATIONAL TIMED RIDE

45 km

+659 m

KEY INFORMATION

START TIMES

- **Leg 1: Lorne > Apollo Bay | 45KM | Departing 7AM**

Meet at the **Lorne Event Village (Lorne Surf Club Carpark)** at 6:50am for a 7am depature. Leg 1 is ridden **under regular Road Rules, on an open Great Ocean Road.** The road will close to motorists at 8:30am and will be clearing until 9:30am. Riders will be sent off in 4 waves of approximately 50 riders. Please note at the end of Leg 1, bottle filling available in Apollo Bay.

- **Leg 2: Apollo Bay > Lorne | 45KM | Departing 11AM**

Meet at the Apollo Bay Visitor Information Centre Carpark (Hardy St) for an 11am start. Leg 2 joins Amy's Medio Fondo, enjoying 45km of fully closed Great Ocean Road.

GREAT OCEAN ROAD AID STATION - LEG 2 ONLY - 22.5KM KENNETT RIVER

Stocked with water, hydration products, fruit and lollies, and fruit cake. Electrolyte and hydration products are provided to riders by SIS. Enjoy time between legs to relax and refuel at Apollo Bay's cafes.

KIT COLLECTION

Kit collection is located at the Registration Tent in the Lorne Foreshore Event Village between the following times: Friday 11th (4-6pm), Saturday 12th (10am-4pm) or Sunday 13th (5:30am-6:45am).

MECHANICAL SUPPORT

Please note there will be a bus and trailer (Sag Wagon) to assist you get to Apollo Bay with any significant mechancial issue. Mechanic available at the Apollo Bay Start Line.

ONLINE SAFETY BRIEFING

For insurance and safety purposes, all riders are required to complete an online safety briefing. If you do not complete the online safety briefing prior to event day, your Timing Chip will not be activated.

AMY'S GREAT OCEAN ROAD GRAN FONDO

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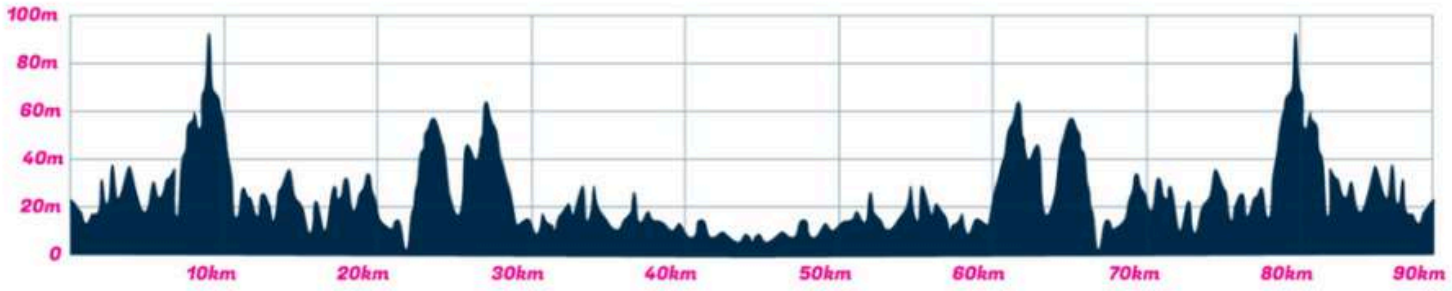
COURSE, ELEVATIONS & AID STATIONS

AMY'S MEDIO FONDO 'OUT AND BACK' - 90KM



90KM 'OUT AND BACK' AMY'S MEDIO FONDO

Riding an initial 45km from Lorne To Apollo Bay under open roads, the event will return from Apollo Bay to Lorne under full closure as part of the 45km Amy's Medio Fondo.

90km

+1414m

Bus and bike transfers are available for riders who booked during the registration process. A last-chance to register email will be sent to all riders to finalise numbers. Please arrive in time to check-in & load your bike.

IMPORTANT NOTE: All transfers require pre-purchase of ticket, made either during registration or in the Race Roster Event Store for existing registrations. Check-in is required and will be **strictly enforced.** All names must be on the list to board the bus. There will be no bus tickets available on the day.

PLEASE NOTE ALL BIKES ARE PROVIDED TO THE TRANSPORT PROVIDER AT THE RISK OF THE OWNER.

eBIKES are unfortunately unsuitable for the trailer transport in options 2, 3 and post event below. eBikes are permitted under option 1, or the 90km 'Out and Back' Medio Fondo.

BUS TRANSFER OPTIONS

Pre Event Option 1 – SATURDAY Self Drop Bike to Apollo Bay & SUNDAY Bus (Lorne to AB)
Drop your bike off to Mechanics Institute Hall, 21 Great Ocean Rd, Apollo Bay VIC 3233 between 3:30pm and 5:00pm on Saturday and then jump on the 8:00am bus on Sunday from Lorne to Apollo Bay

Cost: $20

Pre Event Option 2 – SATURDAY Bike Drop in Lorne & SUNDAY Bus Transfer

1. Saturday Lorne Bike drop off between 11:00am-4:00pm at Mountjoy Pde (Great Ocean Road) opposite Lorne Hotel
2. Sunday Bus Transfer – Sunday 8:00am, Lorne to Apollo Bay

Cost: $30

Pre Event Option 3 – SUNDAY Bike & Bus Transfer
Arrive no later than 7:30am on Sunday to load your bike opposite Lorne Hotel. Bus departs Lorne at 8:00am sharp to Apollo Bay

Cost: $60

Post Event Transport – SUNDAY Post Event Bike & Bus Transfer
Departs Sunday 3:00pm from Mountjoy Pde (Event Village) - Lorne to Apollo Bay

Cost: $30

SCIENCE IN SPORT

SHOP NOW

FUEL EVERY KILOMETRE. FINISH STRONG.

EXCLUSIVE RIDER OFFER:

10% OFF PACKS	USE CODE: SISAGFS26

*OFFER VALID UNTIL **13 SEPTEMBER**

Amy's Family Fondo 2026 is a free, family-friendly event. Riders will start under the Gran Fondo Road Race gantry and head toward the iconic Lorne Pier, enjoying a scenic 2.7km circuit on a fully-closed Great Ocean Road.

KEY INFORMATION

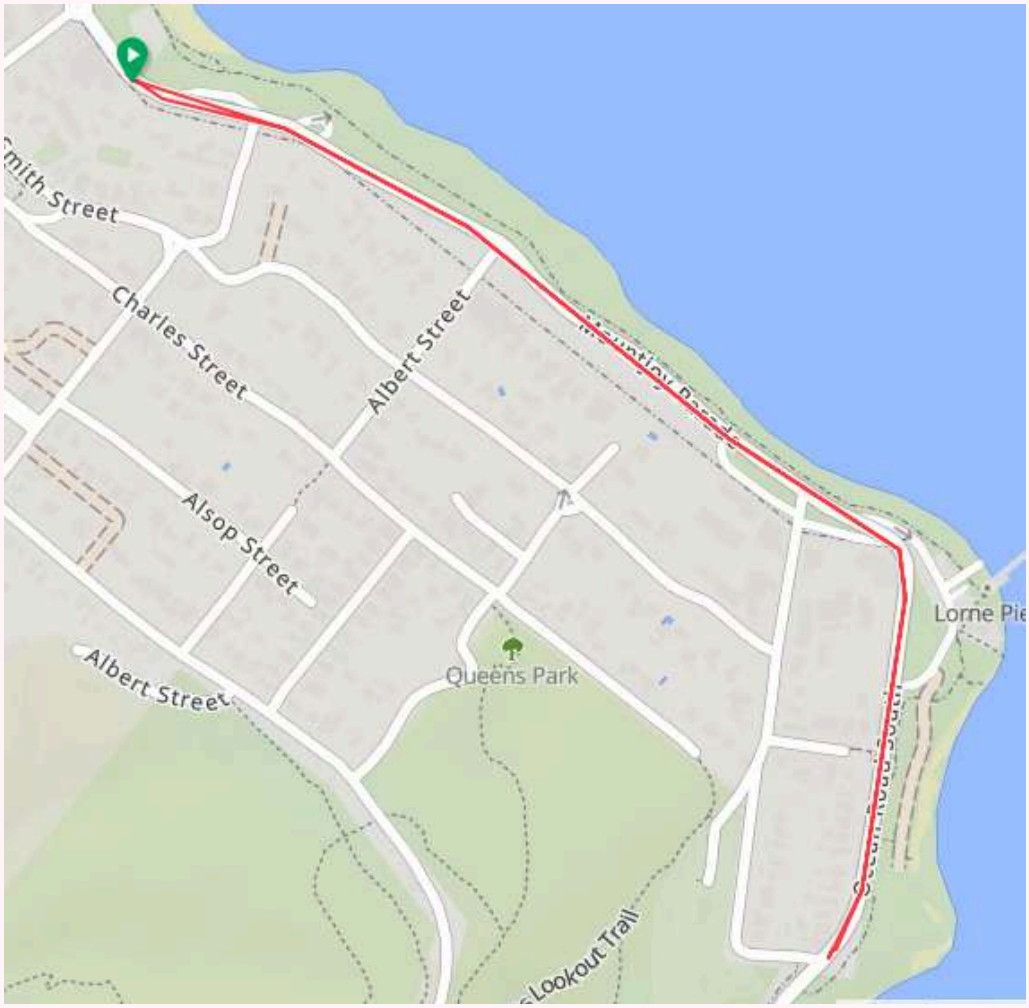
REGISTRATIONS
If you miss the online registrations, your family members can register at the Event Village Registration Tent.

- **START TIME:** 9:20AM (50 MINUTES PERMITTED ON COURSE – FINISH LINE CLOSES AT 10:10AM)
- **START LOCATION:** MAIN STREET, LORNE
- **DISTANCE:** 2.7KM CIRCUIT
- **FORMAT:** FULLY CLOSED ROAD RECREATIONAL RIDE
- **MINIMUM AGE:** 6 YEARS (AT 13TH SEPTEMBER 2026 – MUST BE ACCOMPANIED BY A GUARDIAN)
- REGISTERED RIDERS MUST BE AT LEAST 6 YEARS OF AGE AT THE DATE OF THE EVENT TO PARTICIPATE IN THE FAMILY FONDO, PASSENGERS CAN BE YOUNGER THAN THIS IF CARRIED IN ROAD SAFE CARRIER.

SAFETY BRIEFING
Family Fondo riders do not need to complete an online safety briefing as they will be briefed on the start line. All riders must be present for the briefing at 9:15am.

BIKE PLATES
Please collect your bike plate from event information at the Registration Tent at the Event Expo prior to moving to the start line. You can collect your bike plate on Saturday 10:00am – 4:00pm or Sunday from 5:30am - 9:15am. Bike plates are fixed to the middle of the handlebars by two cable ties, facing outwards.

AMY'S FAMILY FONDO 2.7KM - FREE ENTRY (50 MINUTES)



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Colac Otway

PRESENTATIONS

EVENT PRESENTATIONS

Presentations for Amy's Gran Fondo 122km **Age Category** riders will be conducted in the Lorne Foreshore Event Village.

Presentations will commence at 12pm, as soon as possible after 1st, 2nd and 3rd place getters for respective Age Categories cross the finish line.

Presentations will then continue on a rolling schedule until approximately 2:00pm. Place getters will be notified via SMS, and must make themselves known to event staff at the stage.

KOM/QOM & **Overall Winners** will be presented at approximately 1:15 pm.

You are required to be at the stage area 15 mins prior to your advised time wearing cycling knicks & jersey.

UCI QUALIFIERS

Riders who finish in the top 25% of their age category will receive an SMS from 1pm to collect their UCI Qualifier medal from the event information tent. Please show your confirmation message to staff to collect your medal.

Qualifier Medals can be posted after the event, at your expense. Please contact info@o2events.com.au for more information

See next page for qualification criteria.

QUALIFYING AT AMY'S GRAN FONDO 2026

AUS
Amy's Great Ocean Road Gran Fondo
Lorne, Victoria
13 SEPT 2026

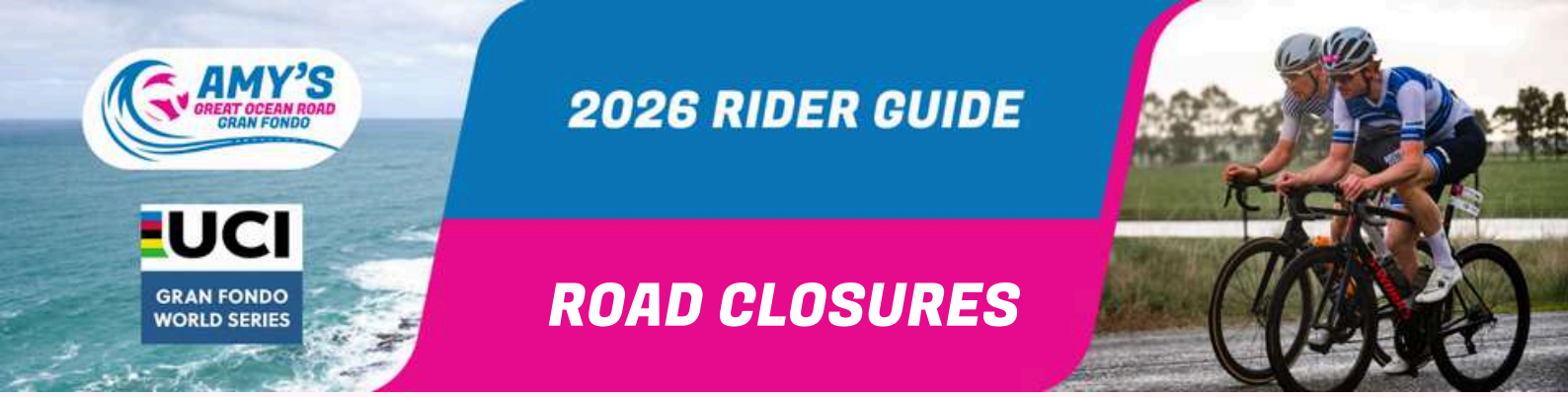
TOP 25% OF EACH AGE GROUP QUALIFY

FRA
Various Events
Haute-Savoie, France
24 AUG - 5 SEPT 2027

All riders who complete the 122km Gran Fondo will be ranked according to their Age Group. The common start time (gun time) for each age group is set when the first rider of that age group crosses the timing start during the Age Group start waves. For example, a rider in the Recreational Category will be included in the rankings for their age group; however, their start time for ranking purposes will be the same as all riders in the Age Group Race. Therefore, the Age Group Race is recommended for anyone seeking to qualify for the 2027 World Championships. Recreational Category riders will also be provided an individual Net time from when they cross the timing start (unranked).

For further details, please refer to the UCI Gran Fondo World Series Regulations Page

Please note, this excludes anyone whose bike does not meet UCI regulations (e-bikes, tandem, recumbent bikes and time trial bikes are forbidden). Those who qualify on Sunday 13th of September will receive an SMS to confirm this, and may then collect a UCI Qualifier's medal in the Event Village.



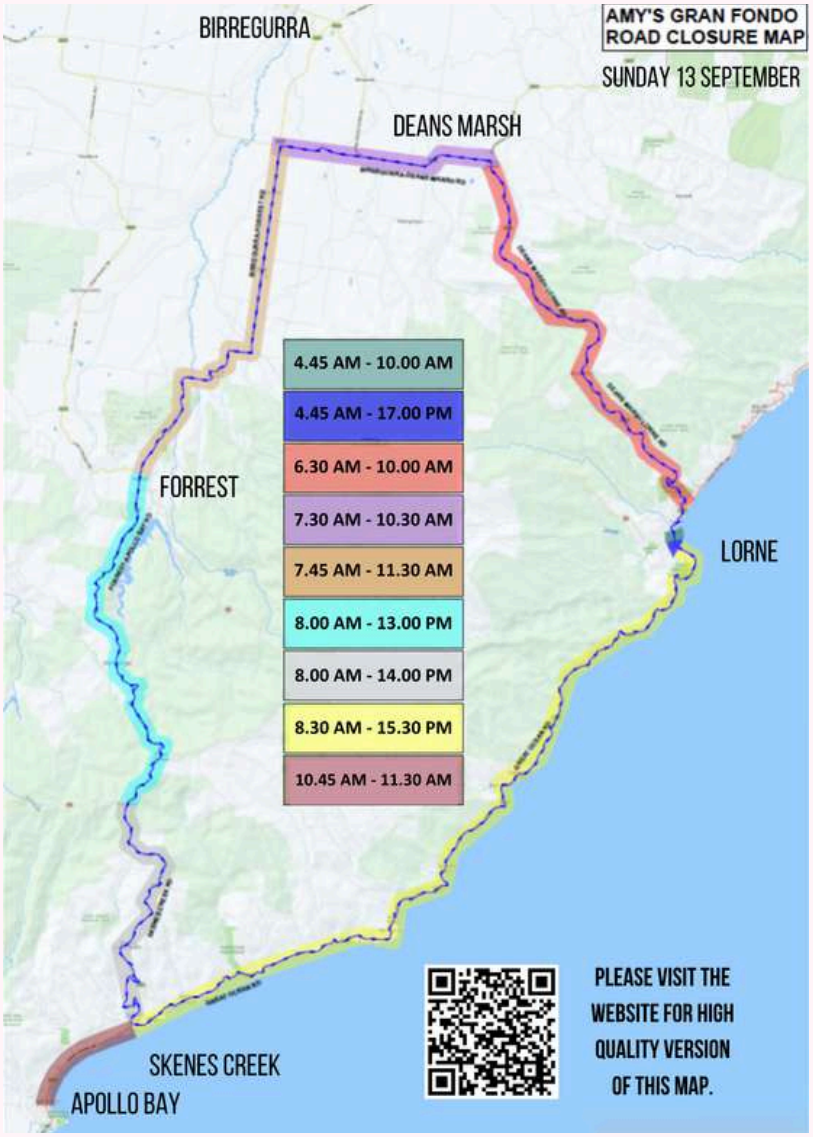
ROAD CLOSURES

ARRIVING IN LORNE SUNDAY MORNING?

When travelling to Lorne on Sunday 13th September, you must use the Great Ocean Road from Anglesea. **Do not use Deans Marsh – Lorne Road as this road will close from 6:30am;** for the road to be clear for the first event.

ROAD CLOSURES TO ALL TRAFFIC - MORE INFO HERE

To ensure the safety of all event participants and the community, temporary changes to traffic conditions must be implemented on Sunday 13th September 2026.



THE FOLLOWING ROAD CLOSURES APPLY

SUNDAY 13 SEPTEMBER 2026

LOCATION / CLOSURE		MAP REF	TIMES
Mountjoy Parade, Lorne	Between Otway St & William Rd		4.45am – 10.00am
Mountjoy Parade, Lorne	Between William Rd & Albert St		4.45am – 4.30pm
Mountjoy Parade, Lorne	Between Deans Marsh Rd and Otway St		7.00am – 8.45am
Deans Marsh-Lorne Road	Between Birregurra – Deans Marsh Rd & Great Ocean Rd		6.30am – 10.00am
Birregurra–Deans Marsh Rd & Deepdene Rd	Between Deepdene Rd & Deans Marsh – Lorne Rd		7.30am – 10.30am
Birregurra–Forrest Road	Between Deepdene Rd & Colac Forrest Rd		7.45am – 11.30am
Forrest–Apollo Bay Road	Between Beech Forest Rd (Turtons Track) & Colac Forrest Rd		8.00am – 1.00pm
Skenes Creek Road	Between Great Ocean Rd & Beech Forest Rd (Turtons Track)		8.00am – 2.00pm
Great Ocean Road (both directions)	Between Skenes Creek Rd, Skenes Creek & Albert St, Lorne		8.30am – 3.30pm

MEDIO FONDO START STOP & HOLD - APOLLO BAY

Great Ocean Road	Between Hardy St, Apollo Bay & Skenes Creek Rd, Skenes Creek		10.45am – 11.30am

Through Traffic will have immediate access at the conclusion of the closure time. However, local traffic may be impacted longer whilst the treatments to minor roads, residential and business driveways are removed.

PARKING

PARKING

Participants are advised to ride to the event from their accommodation to minimise impact on parking in Lorne. Parking in and around Lorne is difficult as there is limited space available for parking; details below of car parks available.

To assist with finding parking we have worked with the local community to make available the following parking locations.

Parking is run by the Lorne Community Groups with funds going directly to them.

CAMPGROUNDS BEHIND MANTRA

Turn left at the Lorne Visitor Centre onto Otway Street. Follow the signage and direction from parking attendants. Limited parking is available on the Lorne foreshore which will be managed by the Parents and Friends of the local Lorne P-12 College. **The cost is $15 per car with all funds going directly to improvements to the school's grounds.**

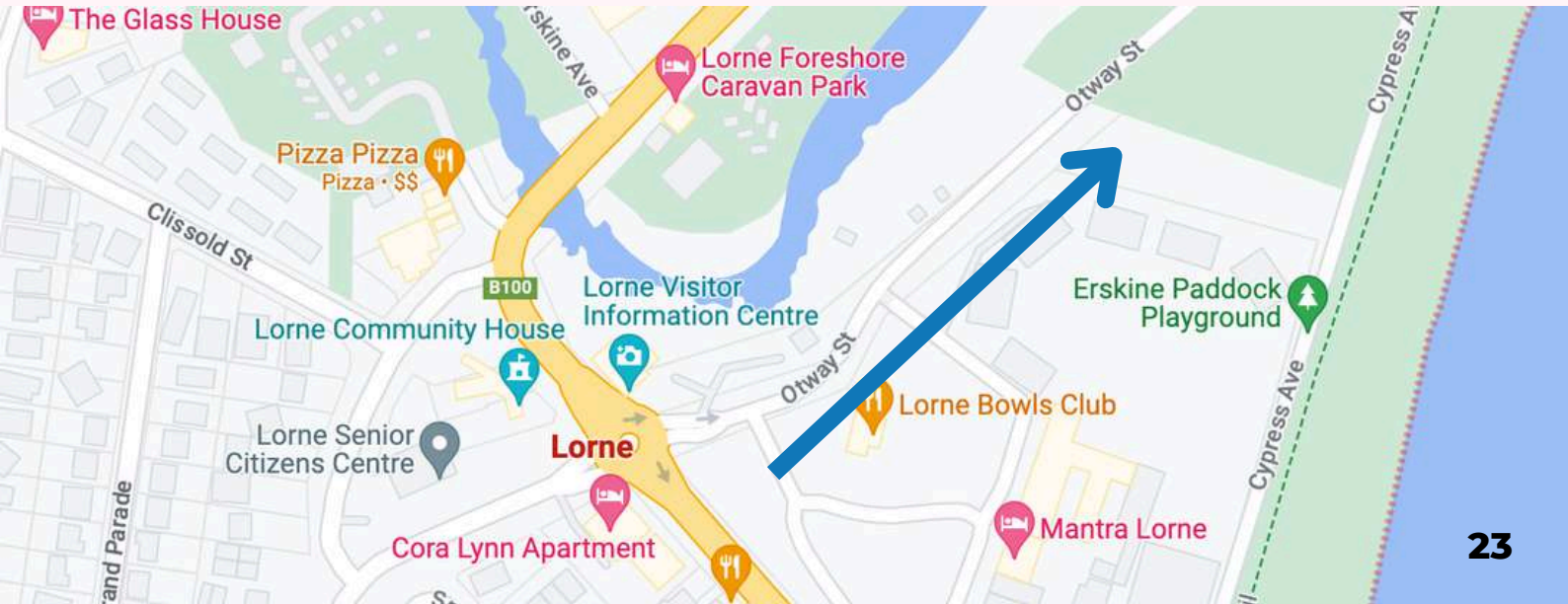
Alternatively, please park at your accommodation and ride down to the start line.

TRAFFIC HOTLINE: 0456 479 606

For advice during the event, a **traffic hotline** will operate on the dates below:

Friday September 11, between 9:00am and 4:00pm
Saturday September 12, between 9:00am and 5:00pm
Sunday September 13, between 5:30am and 4:30pm

Or, email the team at info@o2events.com.au



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SCAN TO JOIN

SUPPORT LOCAL LORNE BUSINESSES

POST EVENT

You may notice there are no food vendors in the event village. This is to promote the trade of local permanent businesses as we encourage you to hit Mountjoy Pde and surrounding businesses after your ride. Please shop local and support the local businesses in the area.

There will be supervised bike parking in the Lorne Foreshore expo.

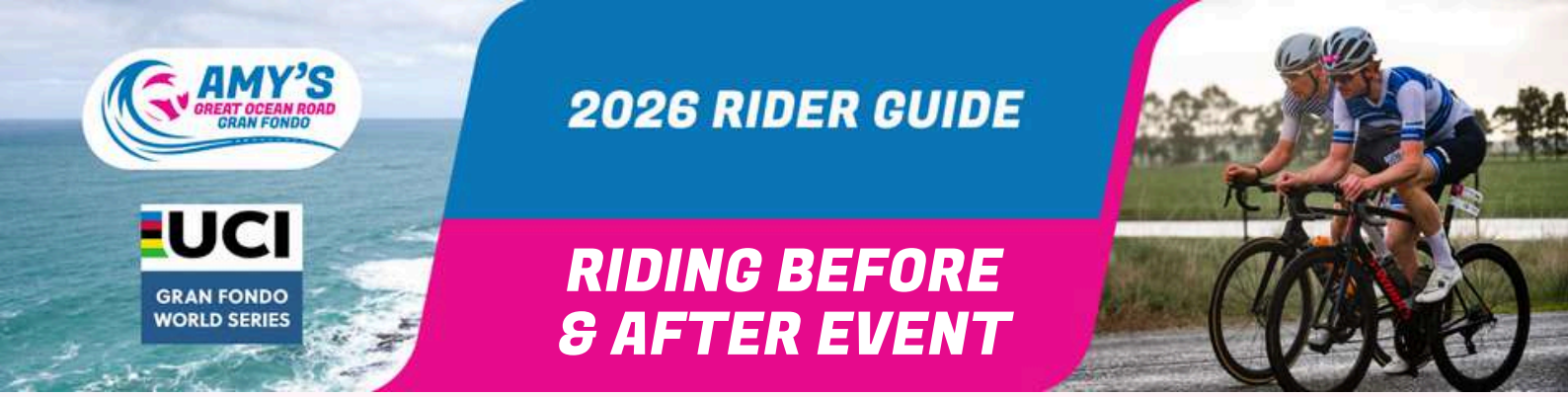
Why not check out some of the following businesses?

- Lorne Central for a coffee and cake? Or an amazing Soup post event.
- Lorne Hotel – Offering a great pasta dish to refuel, and even a beverage
- Need some sugar? Visit Fruits of the Forest for an ice-cream or sorbet.
- Looking for something more along the lines of pie or cake post event? Grandma Shields Bakery, Great Ocean Road Bakery or Lorne Bakery Cafe offer pies, cakes and anything sweet to get you through to dinner.
- Need something deep fried post-event? Check our the Salty Dog Fish & Chippery.
- Chopstix Noodle Bar offer a great Asian range with quality choices for the whole family.
- The Bottle of Milk is arguably Lorne's best burger and located opposite the start line.
- Need a coffee over the event weekend? Visit Lorne Central, Swing Bridge Cafe, HAH Cafe or Moons Espresso & Juice Bar.
- Lorne Beach Pavilion – take in the beautiful surrounding views of the beach, located behind the Lorne Trampolines

LOVE LORNE

Love Lorne is the go-to website for everything happening in and around Lorne. From showcasing the town's breathtaking coastal scenery and vibrant local businesses to highlighting community events, dining, and accommodation, the channels bring the charm of Lorne to life online. Participants can find inspiration for their next getaway, stay up to date with seasonal activities, and discover hidden gems through stunning imagery and engaging stories. They're a great way to connect with locals, visitors, and lovers of Lorne.

We recommend making reservations in advance of your trip to Lorne, as the town will be busy with a large number of cyclists. For more information, click here!



Amy's Gran Fondo is the safest event on the Australian cycling calendar and we make no apologies for the procedures that are in place to enable us to maintain our safety record.

We also strongly encourage utilising the same mindset during your pre-event training and any other times you are out sharing the roads with fellow road-users.

On our website, you'll find some key safety tips for your pre-event training, whether riding locally or on the coast. Don't forget to do your compulsory pre-event safety briefing.

8 STEPS TO SAFER RIDING

1. Always follow the road rules
2. Ensure you can be seen by all road users - have lights on your bike & wear bright coloured clothing
3. Maintain your bike
4. Indicate your intentions to other road-users
5. Be ready to ride and fuel yourself to prevent fatigue
6. Always expect the unexpected - be alert & aware of your surroundings
7. Always wear your helmet - it's Australian law!
8. Ensure you carry identification every time you ride.

RESPECT THE LOCAL ROAD ENVIRONMENT

Be conscious of the road conditions and local environment where you are cycling. In rural and regional locations, you are likely to encounter a range of road conditions, including poor road surfaces, unsealed shoulders, gravel, broken bitumen, potholes, poorly maintained markings and narrow, windy roads with poor sight lines. It is unlikely that there will be dedicated cycling facilities such as marked bike lanes, and speed zones are likely to be higher.

It's also important to be aware of local weather conditions – for example, in the Great Ocean Road and Otway Region where Amy's is held, fog, mist, low-lying cloud and rain frequently occur, particularly in the cooler months. Don't forget too that you may encounter wildlife, such as kangaroos, wallabies and wombats. Remember that many tourists come to the Great Ocean Road and Otway Region, and are unlikely to be familiar with the environment – they may be distracted by maps, GPS systems and the natural beauty around them.

In city and metropolitan locations, the conditions can vary greatly. Be alert, scan the road ahead and be aware of other vehicles – in particular watch for car doors, and be aware of blind spots. Be mindful of the impact that these local conditions can have on you and other road users – be aware and take extra care. Read the road ahead, and ride to the local conditions.

AMY'S GREAT OCEAN ROAD GRAN FONDO

UCI GRAN FONDO WORLD SERIES

2026 RIDER GUIDE

YOUR NEXT RIDE

START / FINISH TORQUAY, VICTORIA

RIDE SATURDAY 24TH APRIL 2027

20TH YEAR CELEBRATION! ENTRY INCLUDES JERSEY

60KM, 145KM & 204KM - GREAT OCEAN ROAD

20 GREAT OCEAN EST. 2007 & OTWAY CLASSIC RIDE

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ENTRY $10 OFF PROMOCODE 'AMYSFINISHER10'

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MAPEI CADEL EVANS GREAT OCEAN ROAD RACE

Saturday 30th January

Registrations Open!

cadelroadrace.com

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